

2025 Helpers' Handicap Results - September 14th 2025

Event	Name	Clock finish time
5	Linda Szulc	01:27:37
10	Sarah Hitching	01:56:45
5	Sani Koch	02:03:15
5	Ruth McKenzie	02:03:15
5	Gemma Gillespie	02:03:15
10	Yash Maudgil	02:03:35
5	Judi Jeffries	02:04:54
10	Glynis Crane	02:08:02
10	Monique Deutschmar	02:08:25
10	Alice Wilkie	02:10:22
10	Rebekah Chatwin	02:10:27
10	Elliott Lack	02:10:47
5	John Ingram	02:10:54
10	Josh Pope	02:12:05
10	David Hearne	02:12:24
10	Stewart Cruickshank	02:12:52
10	Beryl Nyerere	02:13:03
5	Dave Waterman	02:13:04
5	Graham Matthews	02:13:10
5	Louise Matthews	02:13:10
10	Richard Hobson	02:13:56
5	Glen Connell	02:14:09
10	Sarah Simms	02:14:21
5	Laura Frewin	02:14:23
10	David Barnes	02:14:33
10	Janet Fitzgibbon	02:14:41
10	Sam Gillespie	02:14:47
5	Simon Eade	02:14:52
10	Anthony Hall	02:14:55
10	Daniel Priest	02:15:15
10	Dave Fitzgerald	02:15:25
10	Dennis Murphy	02:15:32
10	Alejandro Del Campo	02:15:41
5	Neil Muir	02:15:51
10	Peter Hodges	02:15:58
10	Anthony Hornby	02:16:08
5	Stephan Stephan	02:16:15
10	Sophie Lack	02:16:21
10	James Lovell	02:16:28
10	Victor Blanco	02:16:39
10	Richard Davies	02:17:12
10	Ali Fyffe	02:18:06
10	Chris Lewington	02:20:25
10	Chris Sutton	02:20:37
10	Rachel Sammes	02:22:02
10	David Waugh	02:29:22
10	Matthew Snelling	02:39:04

10 mile results - finish position		
Overall		
1	Sarah Hitching	01:56:45
2	Yash Maudgil	02:03:35
3	Glynis Crane	02:08:02
Female		
1	Sarah Hitching	01:56:45
2	Glynis Crane	02:08:02
3	Monique Deutschmann	02:08:25
Male		
1	Yash Maudgil	02:03:35
2	Elliott Lack	02:10:47
3	Josh Pope	02:12:05

5 mile results - finish position		
Overall		
1	Sani Koch	02:03:15
2	Ruth McKenzie	02:03:15
3	Gemma Gillespie	02:03:15
Female		
1	Sani Koch	02:03:15
2	Ruth McKenzie	02:03:15
3	Gemma Gillespie	02:03:15
Male		
1	John Ingram	02:10:54
2	Dave Waterman	02:13:04
3	Graham Matthews	02:13:10