

| Position | Number | Time  | Name                | Club | Category | Pos In Category | Gender | Pos in Gender | Guest |
|----------|--------|-------|---------------------|------|----------|-----------------|--------|---------------|-------|
| 1        | 37     | 17:07 | Euan Ross           | DD   | MS       | 1               | M      | 1             |       |
| 2        | 1086   | 17:08 | Matthew Davenport   | MAC  | MV40     | 1               | M      | 2             |       |
| 3        | 1141   | 17:22 | Adam Bennett        | MAC  | MS       | 2               | M      | 3             |       |
| 4        | 19     | 17:26 | David Lee           | DD   | MV40     | 2               | M      | 4             |       |
| 5        | 39     | 17:31 | Jake Brech          | DD   | MS       | 3               | M      | 5             |       |
| 6        | 407    | 17:31 | Laurence Manning    | WAR  | MS       | 4               | M      | 6             |       |
| 7        | 1143   | 17:32 | Laurence Miles      | MAC  | MV50     | 1               | M      | 7             |       |
| 8        | 727    | 17:49 | Patrick Butler      | BJ   | MV50     | 2               | M      | 8             |       |
| 9        | 69     | 18:01 | Simon Black         | DD   | MV40     | 3               | M      | 9             |       |
| 10       | 1042   | 18:09 | Tom Easten          | MAC  | MV40     | 4               | M      | 10            |       |
| 11       | 224    | 18:11 | Marco Bowden        | MS   | MS       | 5               | M      | 11            |       |
| 12       | 70     | 18:12 | Dominic Reed        | DD   | MS       | 6               | M      | 12            |       |
| 13       | 1035   | 18:25 | Craig West          | MAC  | MV40     | 5               | M      | 13            |       |
| 14       | 247    | 18:26 | James Lee           | MS   | MS       | 7               | M      | 14            |       |
| 15       | 78     | 18:30 | Joe Burke           | DD   | MS       | 8               | M      | 15            |       |
| 16       | 17     | 18:34 | Jonathan Biss       | DD   | MS       | 9               | M      | 16            |       |
| 17       | 1140   | 18:40 | James Fickling      | MAC  | MV40     | 6               | M      | 17            |       |
| 18       | 260    | 18:41 | Simon Sikora        | MS   | MV40     | 7               | M      | 18            |       |
| 19       | 248    | 18:43 | Katy Ward           | MS   | FS       | 1               | F      | 1             |       |
| 20       | 1057   | 18:46 | Joshua Pope         | MAC  | MS       | 10              | M      | 19            |       |
| 21       | 1162   | 18:54 | Tom Cuddy           | MAC  | MV60     | 1               | M      | 20            |       |
| 22       | 1037   | 18:55 | Ben Harris          | MAC  | MV40     | 8               | M      | 21            |       |
| 23       | 1157   | 19:04 | Tom Lant            | MAC  | MS       | 11              | M      | 22            |       |
| 24       | 1553   | 19:09 | Edward Monniot      | HR   | MV40     | 9               | M      | 23            |       |
| 25       | 1067   | 19:12 | Toby Smith          | MAC  | MJ       | 1               | M      | 24            |       |
| 26       | 1119   | 19:14 | Kirsty Matthews     | MAC  | FS       | 2               | F      | 2             |       |
| 27       | 1105   | 19:17 | Darryl Chiles       | MAC  | MV40     | 10              | M      | 25            |       |
| 28       | 1102   | 19:21 | Christian Noble     | MAC  | MV40     | 11              | M      | 26            |       |
| 29       | 1100   | 19:22 | Alejandro del Campo | MAC  | MV40     | 12              | M      | 27            |       |
| 30       | 851    | 19:24 | Pete Walker         | BJ   | MV50     | 3               | M      | 28            |       |
| 31       | 1      | 19:28 | Inaki Castro Amo    | DD   | MV40     | 13              | M      | 29            |       |
| 32       | 266    | 19:31 | Charlie Macdonald   | MS   | MS       | 12              | M      | 30            |       |
| 33       | 1519   | 19:37 | Alun Jones          | HR   | MV60     | 2               | M      | 31            |       |
| 34       | 259    | 19:38 | Graham Parkins      | MS   | MV40     | 14              | M      | 32            |       |
| 35       | 1101   | 19:39 | Will Burkitt        | MAC  | MV40     | 15              | M      | 33            |       |
| 36       | 23     | 19:41 | Rodney Perry        | DD   | MS       | 13              | M      | 34            |       |
| 37       | 55     | 19:43 | Andrew Irvin        | DD   | MV50     | 4               | M      | 35            |       |
| 38       | 802    | 19:44 | Mark Moore          | BJ   | MV60     | 3               | M      | 36            |       |
| 39       | 1501   | 19:48 | Emily Rints         | HR   | FS       | 3               | F      | 3             |       |
| 40       | 1510   | 19:49 | Declan Doherty      | HR   | MV40     | 16              | M      | 37            |       |
| 41       | 1061   | 19:50 | Christopher Kempton | MAC  | MS       | 14              | M      | 38            |       |
| 42       | 1059   | 19:53 | Anthony Hall        | MAC  | MV40     | 17              | M      | 39            |       |
| 43       | 1040   | 20:02 | Stephen Francis     | MAC  | MV40     | 18              | M      | 40            |       |
| 44       | 401    | 20:04 | Nick Flann          | WAR  | MV50     | 5               | M      | 41            |       |
| 45       | 1063   | 20:05 | Benjamin Kelly      | MAC  | MJ       | 2               | M      | 42            |       |
| 46       | 252    | 20:09 | Toni Clayton Woods  | MS   | FS       | 4               | F      | 4             |       |
| 47       | 1087   | 20:17 | Fran Sille          | MAC  | FS       | 5               | F      | 5             |       |
| 48       | 12     | 20:19 | James Lowrie        | DD   | MV50     | 6               | M      | 43            |       |
| 49       | 1005   | 20:27 | Peter Hodges        | MAC  | MV40     | 19              | M      | 44            |       |
| 50       | 1139   | 20:35 | Dennis Murphy       | MAC  | MV50     | 7               | M      | 45            |       |
| 51       | 408    | 20:37 | Luke Wootton        | WAR  | MS       | 15              | M      | 46            |       |
| 52       | 773    | 20:39 | Matthew Higginson   | BJ   | MS       | 16              | M      | 47            |       |

| Position | Number | Time  | Name              | Club | Category | Pos In Category | Gender | Pos in Gender | Guest |
|----------|--------|-------|-------------------|------|----------|-----------------|--------|---------------|-------|
| 53       | 261    | 20:42 | Lyndsay Markham   | MS   | FV40     | 1               | F      | 6             |       |
| 54       | 1128   | 20:43 | Kaiya McCrabbe    | MAC  | FJ       | 1               | F      | 7             |       |
| 55       | 1016   | 20:46 | Richard Davies    | MAC  | MV40     | 20              | M      | 48            |       |
| 56       | 538    | 20:48 | Matt Fowler-Jones | HX   | MV50     | 8               | M      | 49            |       |
| 57       | 289    | 20:50 | Andy Ford         | MS   | MV50     | 9               | M      | 50            |       |
| 58       | 745    | 20:51 | Sophie Cronin     | BJ   | FS       | 6               | F      | 8             |       |
| 59       | 715    | 20:52 | John Boddington   | BJ   | MV50     | 10              | M      | 51            |       |
| 60       | 250    | 20:55 | Hannah Sherry     | MS   | FS       | 7               | F      | 9             |       |
| 61       | 67     | 21:08 | Colin Surgeon     | DD   | MV50     | 11              | M      | 52            |       |
| 62       | 412    | 21:11 | Paddy Maxwell     | WAR  | MV40     | 21              | M      | 53            |       |
| 63       | 242    | 21:14 | Davina Rutledge   | MS   | FV40     | 2               | F      | 10            |       |
| 64       | 207    | 21:19 | Stephen Greenham  | MS   | MS       | 17              | M      | 54            |       |
| 65       | 1012   | 21:22 | Steven Barnes     | MAC  | MV40     | 22              | M      | 55            |       |
| 66       | 64     | 21:30 | Stuart Armstrong  | DD   | MV60     | 4               | M      | 56            |       |
| 67       | 1064   | 21:31 | Dean Kelly        | MAC  | MV40     | 23              | M      | 57            |       |
| 68       | 1304   | 21:32 | James Dickinson   | CRC  | MV40     | 24              | M      | 58            |       |
| 69       | 1552   | 21:33 | Gavin Cousins     | HR   | MV40     | 25              | M      | 59            |       |
| 70       | 3      | 21:34 | Kenneth Brown     | DD   | MV50     | 12              | M      | 60            |       |
| 71       | 1554   | 21:35 | Sarah Hayward     | HR   | FV40     | 3               | F      | 11            |       |
| 72       | 286    | 21:35 | Simon Williams    | MS   | MS       | 18              | M      | 61            |       |
| 73       | 723    | 21:37 | Andy Burland      | BJ   | MV60     | 5               | M      | 62            |       |
| 74       | 62     | 21:38 | Helen Bolt        | DD   | FV60     | 1               | F      | 12            |       |
| 75       | 18     | 21:43 | Mark Berry        | DD   | MV50     | 13              | M      | 63            |       |
| 76       | 77     | 21:46 | Sophie Daniels    | DD   | FS       | 8               | F      | 13            |       |
| 77       | 42     | 21:49 | Sacha Brech       | DD   | MV50     | 14              | M      | 64            |       |
| 78       | 1118   | 21:52 | Graham Matthews   | MAC  | MV50     | 15              | M      | 65            |       |
| 79       | 1160   | 21:53 | Greg Marsh        | MAC  | MV50     | 16              | M      | 66            |       |
| 80       | 1062   | 21:54 | Ed Dimmock        | MAC  | MV40     | 26              | M      | 67            |       |
| 81       | 1520   | 21:56 | Jez Ketley        | HR   | MV50     | 17              | M      | 68            |       |
| 82       | 1004   | 21:58 | Steven Gillespie  | MAC  | MJ       | 3               | M      | 69            |       |
| 83       | 1060   | 22:01 | Sarah Simms       | MAC  | FV40     | 4               | F      | 14            |       |
| 84       | 46     | 22:02 | Clare Pickering   | DD   | FS       | 9               | F      | 15            |       |
| 85       | 1041   | 22:05 | Ellen Easten      | MAC  | FV40     | 5               | F      | 16            |       |
| 86       | 1107   | 22:06 | Ryan Brownlie     | MAC  | MS       | 19              | M      | 70            |       |
| 87       | 793    | 22:15 | Hilton Lindo      | BJ   | MV40     | 27              | M      | 71            |       |
| 88       | 265    | 22:17 | Patrick Grindley  | MS   | MV40     | 28              | M      | 72            |       |
| 89       | 1305   | 22:18 | David Ridley      | CRC  | MV40     | 29              | M      | 73            |       |
| 90       | 49     | 22:18 | John Willcock     | DD   | MV40     | 30              | M      | 74            |       |
| 91       | 1030   | 22:25 | Cian Shaffrey     | MAC  | MV40     | 31              | M      | 75            |       |
| 92       | 205    | 22:30 | Zoe Briffett      | MS   | FV40     | 6               | F      | 17            |       |
| 93       | 1512   | 22:34 | Michael Edmonds   | HR   | MV40     | 32              | M      | 76            |       |
| 94       | 1302   | 22:35 | Baz Green         | CRC  | MV40     | 33              | M      | 77            |       |
| 95       | 1106   | 22:36 | Rebecca Brownlie  | MAC  | FS       | 10              | F      | 18            |       |
| 96       | 272    | 22:37 | Andrew Wilson     | MS   | MV60     | 6               | M      | 78            |       |
| 97       | 1161   | 22:37 | Amy Lovell        | MAC  | FS       | 11              | F      | 19            |       |
| 98       | 1504   | 22:41 | Riaan Bakkes      | HR   | MV50     | 18              | M      | 79            |       |
| 99       | 1058   | 22:43 | David Pearce      | MAC  | MV50     | 19              | M      | 80            |       |
| 100      | 1158   | 22:46 | Rhys Feaviour     | MAC  | MS       | 20              | M      | 81            |       |
| 101      | 1047   | 22:46 | Chris Sutton      | MAC  | MV50     | 20              | M      | 82            |       |
| 102      | 840    | 22:47 | Andrew Speed      | BJ   | MV50     | 21              | M      | 83            |       |
| 103      | 1002   | 22:50 | Sam Gillespie     | MAC  | MV40     | 34              | M      | 84            |       |
| 104      | 269    | 22:51 | Simon Elliott     | MS   | MV50     | 22              | M      | 85            |       |

| Position | Number | Time  | Name                | Club | Category | Pos In Category | Gender | Pos in Gender | Guest |
|----------|--------|-------|---------------------|------|----------|-----------------|--------|---------------|-------|
| 105      | 1103   | 22:52 | Amelia Noble        | MAC  | FJ       | 2               | F      | 20            |       |
| 106      | 1534   | 22:54 | Wesley Weber        | HR   | MV40     | 35              | M      | 86            |       |
| 107      | 1015   | 22:57 | Nicola Davies       | MAC  | FV40     | 7               | F      | 21            |       |
| 108      | 1163   | 22:59 | Kate Wheeler        | MAC  | FS       | 12              | F      | 22            |       |
| 109      | 215    | 23:00 | Iain Shepherd       | MS   | MV50     | 23              | M      | 87            |       |
| 110      | 1065   | 23:02 | Olivia Kirby        | MAC  | FJ       | 3               | F      | 23            |       |
| 111      | 1039   | 23:03 | Jennefer Francis    | MAC  | FV40     | 8               | F      | 24            |       |
| 112      | 65     | 23:03 | Erica Whittaker     | DD   | FV50     | 1               | F      | 25            |       |
| 113      | 1508   | 23:05 | Nicholas Corlett    | HR   | MS       | 21              | M      | 88            |       |
| 114      | 1112   | 23:06 | David Waugh         | MAC  | MV40     | 36              | M      | 89            |       |
| 115      | 1083   | 23:08 | Peter Florida-James | MAC  | MV60     | 7               | M      | 90            |       |
| 116      | 79     | 23:10 | Huw Thomas          | DD   | MV50     | 24              | M      | 91            |       |
| 117      | 1533   | 23:13 | Gerry Thomas        | HR   | FV40     | 9               | F      | 26            |       |
| 118      | 410    | 23:14 | Graeme Buck         | WAR  | MV50     | 25              | M      | 92            |       |
| 119      | 542    | 23:19 | Dave Wallace        | HX   | MV40     | 37              | M      | 93            |       |
| 120      | 288    | 23:22 | Lyndsey Jewell      | MS   | FS       | 13              | F      | 27            |       |
| 121      | 1048   | 23:26 | Sayeed Islam        | MAC  | MV50     | 26              | M      | 94            |       |
| 122      | 267    | 23:32 | Katie Colwill       | MS   | FS       | 14              | F      | 28            |       |
| 123      | 1081   | 23:35 | Clare Rowles        | MAC  | FS       | 15              | F      | 29            |       |
| 124      | 738    | 23:40 | Karen Cobb          | BJ   | FV50     | 2               | F      | 30            |       |
| 125      | 1303   | 23:45 | Steve Cottrell      | CRC  | MV50     | 27              | M      | 95            |       |
| 126      | 1084   | 23:50 | Alice Robinson      | MAC  | FS       | 16              | F      | 31            |       |
| 127      | 830    | 23:52 | Paul Sasada         | BJ   | MV60     | 8               | M      | 96            |       |
| 128      | 1009   | 23:53 | Shirin Irvine       | MAC  | FV40     | 10              | F      | 32            |       |
| 129      | 1527   | 24:01 | Ben Murphy          | HR   | MS       | 22              | M      | 97            |       |
| 130      | 1537   | 24:12 | Richard Woodhead    | HR   | MV50     | 28              | M      | 98            |       |
| 131      | 1116   | 24:15 | Chris Lees          | MAC  | MV60     | 9               | M      | 99            |       |
| 132      | 239    | 24:21 | Becky Wilde         | MS   | FS       | 17              | F      | 33            |       |
| 133      | 1129   | 24:26 | Clyde McCrabbe      | MAC  | MV40     | 38              | M      | 100           |       |
| 134      | 223    | 24:27 | Neville Bird        | MS   | MV70     | 1               | M      | 101           |       |
| 135      | 45     | 24:28 | Lindsay Hobson      | DD   | FV50     | 3               | F      | 34            |       |
| 136      | 1022   | 24:29 | Richard Hobson      | MAC  | MV40     | 39              | M      | 102           |       |
| 137      | 1019   | 24:32 | Beryl Nyerere       | MAC  | FV40     | 11              | F      | 35            |       |
| 138      | 1072   | 24:36 | Peter Oldham        | MAC  | MV60     | 10              | M      | 103           |       |
| 139      | 41     | 24:39 | Paul Ashby          | DD   | MV50     | 29              | M      | 104           |       |
| 140      | 1134   | 24:42 | Elise Lombardo      | MAC  | FV40     | 12              | F      | 36            |       |
| 141      | 1028   | 24:46 | William Oliver      | MAC  | MJ       | 4               | M      | 105           |       |
| 142      | 1038   | 24:46 | Jude Francis        | MAC  | FJ       | 4               | F      | 37            |       |
| 143      | 1079   | 24:56 | Simon Goldfinch     | MAC  | MV50     | 30              | M      | 106           |       |
| 144      | 1528   | 25:05 | Dave Pascoe         | HR   | MV50     | 31              | M      | 107           |       |
| 145      | 1025   | 25:10 | Sarah Blake         | MAC  | FV40     | 13              | F      | 38            |       |
| 146      | 1023   | 25:11 | Lucy Bavazzano      | MAC  | FV40     | 14              | F      | 39            |       |
| 147      | 255    | 25:15 | Carl Blackstock     | MS   | MV60     | 11              | M      | 108           |       |
| 148      | 43     | 25:21 | Ron Sloan           | DD   | MV60     | 12              | M      | 109           |       |
| 149      | 1008   | 25:27 | Bev Cartlidge       | MAC  | FS       | 18              | F      | 40            |       |
| 150      | 794    | 25:33 | Yestin Linton-Smith | BJ   | MV60     | 13              | M      | 110           |       |
| 151      | 826    | 25:41 | Rachel Sammes       | BJ   | FV40     | 15              | F      | 41            |       |
| 152      | 238    | 25:46 | Shelley Paul        | MS   | FV40     | 16              | F      | 42            |       |
| 153      | 1027   | 25:48 | Leila Oliver        | MAC  | FV40     | 17              | F      | 43            |       |
| 154      | 1125   | 25:49 | Kerry Eastwood      | MAC  | FV40     | 18              | F      | 44            |       |
| 155      | 708    | 25:52 | Andy Bates          | BJ   | MV40     | 40              | M      | 111           |       |
| 156      | 27     | 25:53 | Miranda Mayger      | DD   | FV40     | 19              | F      | 45            |       |

| Position | Number | Time  | Name                       | Club | Category | Pos In Category | Gender | Pos in Gender | Guest |
|----------|--------|-------|----------------------------|------|----------|-----------------|--------|---------------|-------|
| 157      | 11     | 25:54 | Mark Cannon                | DD   | MV60     | 14              | M      | 112           |       |
| 158      | 214    | 25:55 | Steve Fuller               | MS   | MV60     | 15              | M      | 113           |       |
| 159      | 420    | 25:56 | Karen Reilly               | WAR  | FV50     | 4               | F      | 46            |       |
| 160      | 251    | 26:01 | Mark Bilsborough           | MS   | MV60     | 16              | M      | 114           |       |
| 161      | 9      | 26:04 | Michael Hill               | DD   | MV60     | 17              | M      | 115           |       |
| 162      | 282    | 26:07 | Deborah Hope               | MS   | FV50     | 5               | F      | 47            |       |
| 163      | 74     | 26:18 | Kirsty Howe                | DD   | FV40     | 20              | F      | 48            |       |
| 164      | 1096   | 26:28 | Louise O'Shea              | MAC  | FV40     | 21              | F      | 49            |       |
| 165      | 8      | 26:31 | Graham Hill                | DD   | MV40     | 41              | M      | 116           |       |
| 166      | 1094   | 26:35 | Susan McEwen               | MAC  | FV60     | 2               | F      | 50            |       |
| 167      | 6      | 26:37 | John Hayes                 | DD   | MV60     | 18              | M      | 117           |       |
| 168      | 1074   | 26:41 | John Ingram                | MAC  | MV60     | 19              | M      | 118           |       |
| 169      | 701    | 26:59 | Alison Allen               | BJ   | FV60     | 3               | F      | 51            |       |
| 170      | 38     | 27:05 | Ross Starkey               | DD   | MV50     | 32              | M      | 119           |       |
| 171      | 1138   | 27:18 | Julie Parkinson            | MAC  | FV50     | 6               | F      | 52            |       |
| 172      | 1159   | 27:22 | Roy Feaviour               | MAC  | MV60     | 20              | M      | 120           |       |
| 173      | 1092   | 27:23 | Abbie Jones                | MAC  | FS       | 19              | F      | 53            |       |
| 174      | 243    | 27:31 | Ann Bowles                 | MS   | FV70     | 1               | F      | 54            |       |
| 175      | 24     | 27:32 | Samantha Meen              | DD   | FS       | 20              | F      | 55            |       |
| 176      | 253    | 27:34 | Alice Banks                | MS   | FV60     | 4               | F      | 56            |       |
| 177      | 1115   | 27:37 | Dave Fitzgerald            | MAC  | MV40     | 42              | M      | 121           |       |
| 178      | 231    | 27:41 | Kate Cooke                 | MS   | FV50     | 7               | F      | 57            |       |
| 179      | 1093   | 27:44 | Laura Loveridge            | MAC  | FV40     | 22              | F      | 58            |       |
| 180      | 1098   | 27:52 | Shazia Ahmad               | MAC  | FV50     | 8               | F      | 59            |       |
| 181      | 47     | 28:00 | Emma Brightman             | DD   | FS       | 21              | F      | 60            |       |
| 182      | 877    | 28:01 | Prabhakar Bandaro          | BJ   | MS       | 23              | M      | 122           |       |
| 183      | 1136   | 28:06 | Paddy Mohandhas            | MAC  | MV40     | 43              | M      | 123           |       |
| 184      | 263    | 28:09 | Blanche Morrissey          | MS   | FV60     | 5               | F      | 61            |       |
| 185      | 857    | 28:12 | Louise Welsford            | BJ   | FV60     | 6               | F      | 62            |       |
| 186      | 1032   | 28:14 | Pauline Siddons            | MAC  | FV70     | 2               | F      | 63            |       |
| 187      | 415    | 28:16 | Dave Moseley               | WAR  | MV70     | 2               | M      | 124           |       |
| 188      | 254    | 28:18 | Sue Blackstock             | MS   | FV60     | 7               | F      | 64            |       |
| 189      | 1020   | 28:27 | Laura Frewin               | MAC  | FV40     | 23              | F      | 65            |       |
| 190      | 865    | 28:31 | Jenny Zarembo              | BJ   | FV50     | 9               | F      | 66            |       |
| 191      | 1075   | 28:42 | Shivkumar Lakshminarayanan | MAC  | MV40     | 44              | M      | 125           |       |
| 192      | 739    | 28:49 | Russell Cobb               | BJ   | MV50     | 33              | M      | 126           |       |
| 193      | 406    | 28:56 | Julie Muir                 | WAR  | FV50     | 10              | F      | 67            |       |
| 194      | 414    | 29:06 | Sarah Evans                | WAR  | FS       | 22              | F      | 68            |       |
| 195      | 1006   | 29:13 | Paul Thomas                | MAC  | MV50     | 34              | M      | 127           |       |
| 196      | 450    | 29:38 | Juliet Flann               | WAR  | FV50     | 11              | F      | 69            |       |
| 197      | 1414   | 29:45 | Jane Perry                 | RS   | FV60     | 8               | F      | 70            |       |
| 198      | 608    | 29:48 | Alison Brech               | RS   | FV50     | 12              | F      | 71            |       |
| 199      | 80     | 29:49 | Kevin Spence               | DD   | MV40     | 45              | M      | 128           |       |
| 200      | 1511   | 29:50 | Tom Dredge                 | HR   | MV40     | 46              | M      | 129           |       |
| 201      | 1003   | 29:53 | Gemma Gillespie            | MAC  | FV40     | 24              | F      | 72            |       |
| 202      | 786    | 29:54 | John Jenner                | BJ   | MV70     | 3               | M      | 130           |       |
| 203      | 1076   | 29:57 | Julie Whitaker             | MAC  | FV60     | 9               | F      | 73            |       |
| 204      | 1049   | 29:58 | Ian McKenzie               | MAC  | MV60     | 21              | M      | 131           |       |
| 205      | 218    | 30:09 | Carolyn Collins            | MS   | FV50     | 13              | F      | 74            |       |
| 206      | 609    | 30:18 | Jade Perry                 | RS   | FS       | 23              | F      | 75            |       |
| 207      | 1408   | 30:19 | Jane Plessner              | RS   | FV70     | 3               | F      | 76            |       |
| 208      | 1401   | 30:23 | Glynis Moore               | RS   | FV60     | 10              | F      | 77            |       |

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|----------|--------|-------|-------------------|------|----------|-----------------|--------|---------------|-------|
| 209      | 866    | 30:35 | Chris Zaremba     | BJ   | MV60     | 22              | M      | 132           |       |
| 210      | 1507   | 30:37 | Robert Collison   | HR   | MV70     | 4               | M      | 133           |       |
| 211      | 28     | 31:02 | David Glazier     | DD   | MV60     | 23              | M      | 134           |       |
| 212      | 707    | 31:05 | Kim Bates         | BJ   | FV50     | 14              | F      | 78            |       |
| 213      | 724    | 31:07 | Niki Burland      | BJ   | FV50     | 15              | F      | 79            |       |
| 214      | 861    | 31:07 | Derek Wilkins     | BJ   | MV60     | 24              | M      | 135           |       |
| 215      | 1540   | 31:08 | Laura Drewell     | HR   | FS       | 24              | F      | 80            |       |
| 216      | 1516   | 31:11 | Daniela Furer     | HR   | FV50     | 16              | F      | 81            |       |
| 217      | 1542   | 31:14 | Hannah Morris     | HR   | FS       | 25              | F      | 82            |       |
| 218      | 203    | 31:15 | Nigel Rose        | MS   | MV70     | 5               | M      | 136           |       |
| 219      | 1514   | 31:20 | Linda Francis     | HR   | FV60     | 11              | F      | 83            |       |
| 220      | 1547   | 31:21 | Charlotte Holland | HR   | FS       | 26              | F      | 84            |       |
| 221      | 1018   | 31:38 | Yash Maudgil      | MAC  | MV60     | 25              | M      | 137           |       |
| 222      | 66     | 31:53 | Anne Mograby      | DD   | FV50     | 17              | F      | 85            |       |
| 223      | 1031   | 32:00 | David Waterman    | MAC  | MV70     | 6               | M      | 138           |       |
| 224      | 1066   | 32:06 | Anushka Howell    | MAC  | FV60     | 12              | F      | 86            |       |
| 225      | 423    | 32:08 | Helen Knowles     | WAR  | FV50     | 18              | F      | 87            |       |
| 226      | 1055   | 32:09 | Benita Scaife     | MAC  | FV60     | 13              | F      | 88            |       |
| 227      | 1056   | 32:10 | John Scaife       | MAC  | MV60     | 26              | M      | 139           |       |
| 228      | 1523   | 32:12 | Anita Leslie      | HR   | FV50     | 19              | F      | 89            |       |
| 229      | 819    | 32:15 | Joanna Quincey    | BJ   | FS       | 27              | F      | 90            |       |
| 230      | 1424   | 32:26 | Gill Smith        | RS   | FV50     | 20              | F      | 91            |       |
| 231      | 5      | 32:26 | Isobel Carron     | DD   | FV50     | 21              | F      | 92            |       |
| 232      | 1007   | 32:39 | Lizz Alexander    | MAC  | FS       | 28              | F      | 93            |       |
| 233      | 277    | 32:42 | Dina Avyidi       | MS   | FV40     | 25              | F      | 94            |       |
| 234      | 221    | 32:43 | Catherine Carter  | MS   | FV60     | 14              | F      | 95            |       |
| 235      | 1046   | 32:44 | Mandy Sutton      | MAC  | FV50     | 22              | F      | 96            |       |
| 236      | 201    | 32:46 | Jeni Orme         | MS   | FV60     | 15              | F      | 97            |       |
| 237      | 222    | 33:23 | Catherine Watson  | MS   | FV60     | 16              | F      | 98            |       |
| 238      | 1403   | 33:46 | Sandra Starkey    | RS   | FV60     | 17              | F      | 99            |       |
| 239      | 1531   | 33:58 | Helen Scott       | HR   | FV40     | 26              | F      | 100           |       |
| 240      | 1546   | 34:09 | Maria Hearne      | HR   | FV50     | 23              | F      | 101           |       |
| 241      | 290    | 34:10 | Kathy Warrick     | MS   | FV40     | 27              | F      | 102           |       |
| 242      | 741    | 34:15 | Richard Coleman   | BJ   | MV60     | 27              | M      | 140           |       |
| 243      | 208    | 34:22 | Bex Banks         | MS   | FV50     | 24              | F      | 103           |       |
| 244      | 1127   | 34:24 | Gail Lowe         | MAC  | FV60     | 18              | F      | 104           |       |
| 245      | 1509   | 35:19 | Jeraldine Curran  | HR   | FV50     | 25              | F      | 105           |       |
| 246      | 275    | 35:45 | G Howkins         | MS   | FV40     | 28              | F      | 106           |       |
| 247      | 216    | 35:46 | Katie Shepherd    | MS   | FS       | 29              | F      | 107           |       |
| 248      | 1535   | 35:51 | Simone Whitbread  | HR   | FV40     | 29              | F      | 108           |       |
| 249      | 767    | 36:16 | Lynda Groome      | BJ   | FV70     | 4               | F      | 109           |       |
| 250      | 206    | 36:47 | Janet Cursi       | MS   | FV60     | 19              | F      | 110           |       |
| 251      | 1017   | 37:10 | Helal Stephan     | MAC  | MV70     | 7               | M      | 141           |       |
| 252      | 241    | 37:33 | Sarah Webb        | MS   | FV60     | 20              | F      | 111           |       |