

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender
1	1118	0:17:03	Craig West	MAC	MV40	1	M	1
2	29	17:42	Mark Ferguson	DD	MV50	1	M	2
3	411	17:53	Laurence Manning	WAR	MS	1	M	3
4	1081	17:57	Stephen Francis	MAC	MV40	2	M	4
5	1033	18:02	John-Paul Murphy	MAC	MV40	3	M	5
6	556	18:07	Matt Ryan	HX	MS	2	M	6
7	1057	18:13	George Moore	MAC	MS	3	M	7
8	1130	18:15	Alexander Miller	MAC	MV40	4	M	8
9	32	18:19	Simon Black	DD	MV40	5	M	9
10	1061	18:24	Abbie Jones	MAC	FS	1	F	1
11	1065	18:35	Tom Lant	MAC	MS	4	M	10
12	1089	18:41	Ben Harris	MAC	MV40	6	M	11
13	350	18:44	Simon Sikora	MS	MV40	7	M	12
14	21	18:50	Inaki Castro Amo	DD	MV40	8	M	13
15	391	19:02	James Lee	MS	MS	5	M	14
16	424	19:14	Bertie Brady	WAR	MS	6	M	15
17	340	19:16	Charlie Macdonald	MS	MS	7	M	16
18	49	19:20	Chloe Scotchbrook	DD	FS	2	F	2
19	417	19:23	Seth Burkett	WAR	MS	8	M	17
20	571	19:29	Olly Turner	HX	MV50	2	M	18
21	77	19:32	David Jessopp	DD	MV50	3	M	19
22	353	19:37	Graham Parkins	MS	MV40	9	M	20
23	1129	19:38	Stephanie James	MAC	FV40	1	F	3
24	1503	19:38	Alun Jones	HR	MV60	1	M	21
25	1511	19:48	Chris Knight	HR	MV40	10	M	22
26	1131	19:49	Alejandro del Campo	MAC	MV40	11	M	23
27	419	19:50	Oscar Sly	WAR	MV40	12	M	24
28	1064	19:51	Joshua Pope	MAC	MS	9	M	25
29	1016	19:53	Jonathan Oliver	MAC	MV40	13	M	26
30	1505	19:59	Ben Parker	HR	MV40	14	M	27
31	557	20:06	Pandav Mahato	HX	MV50	4	M	28
32	404	20:08	Mat Hickman	WAR	MV40	15	M	29
33	679	20:11	Matt Fowler-Jones	HX	MV50	5	M	30
34	559	20:20	Trevor Hunter	HX	MV50	6	M	31
35	48	20:22	Andrew Irvin	DD	MV50	7	M	32
36	412	20:32	Paddy Maxwell	WAR	MV40	16	M	33
37	40	20:32	Jonathan Biss	DD	MS	10	M	34
38	79	20:43	Steven Illott	DD	MS	11	M	35
39	63	20:44	James Lowrie	DD	MV50	8	M	36
40	198	20:45	Kieran Biss	DD	MS	12	M	37
41	1023	20:47	Anthony Hall	MAC	MV40	17	M	38
42	1063	20:48	Peter Hodges	MAC	MV40	18	M	39
43	1533	20:52	Matthew Robinson	HR	MV40	19	M	40
44	1514	20:53	Declan Doherty	HR	MV40	20	M	41
45	563	20:56	Dave Wallace	HX	MV50	9	M	42
46	354	20:59	Lyndsay Markham	MS	FV40	2	F	4
47	1097	21:00	Richard Davies	MAC	MV40	21	M	43
48	69	21:01	Chris Higgs	DD	MV60	2	M	44
49	78	21:02	Martin Illott	DD	MV60	3	M	45
50	624	21:02	Michelle Attridge	HX	FS	3	F	5
51	393	21:03	Steve Jackson	MS	MS	13	M	46
52	1067	21:04	Toby Salako	MAC	MS	14	M	47
53	395	21:05	Hannah Sherry	MS	FS	4	F	6
54	1116	21:08	Dennis Murphy	MAC	MV50	10	M	48
55	401	21:13	Nick Flann	WAR	MV50	11	M	49
56	343	21:18	Stephen Greenham	MS	MS	15	M	50
57	397	21:18	Mickey Price	MS	MV40	22	M	51
58	422	21:26	Caroline Hatchett-Walker	WAR	FV40	3	F	7
59	1056	21:28	Steven Barnes	MAC	MV40	23	M	52

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender
60	1117	21:37	Sean Xu	MAC	MV40	24	M	53
61	1003	21:38	Anthony Hornby	MAC	MS	16	M	54
62	33	21:44	Sacha Brech	DD	MV50	12	M	55
63	1301	21:47	James Dickinson	CRC	MV40	25	M	56
64	1085	21:49	Ed Dimmock	MAC	MV40	26	M	57
65	617	21:56	Darren Thorley	HX	MV50	13	M	58
66	583	22:00	Ivan Staykov	HX	MV40	27	M	59
67	1073	22:04	Graham Matthews	MAC	MV50	14	M	60
68	551	22:12	John Houston	HX	MV40	28	M	61
69	389	22:14	Zoë Briffett	MS	FV50	1	F	8
70	1517	22:15	Gavin Cousins	HR	MV50	15	M	62
71	1405	22:19	Daniel Johnstone	RS	MS	17	M	63
72	678	22:22	Charmain Fowler-Jones	HX	FV40	4	F	9
73	359	22:27	Simon Elliott	MS	MV50	16	M	64
74	81	22:33	Emily Gow	DD	FS	5	F	10
75	1127	22:33	Stewart Cruikshank	MAC	MV50	17	M	65
76	1098	22:35	Helen Burke	MAC	FS	6	F	11
77	1504	22:39	Ben Murphy	HR	MS	18	M	66
78	1007	22:40	Chris Ellis	MAC	MV60	4	M	67
79	1304	22:41	John Ashworth	CRC	MV50	18	M	68
80	35	22:45	Marcus Woodhead	DD	MS	19	M	69
81	1055	22:49	Kate Wheeler	MAC	FS	7	F	12
82	1501	22:51	Alan Field	HR	MV40	29	M	70
83	363	22:53	Lyndsey Jewell	MS	FS	8	F	13
84	1006	22:55	Amanda Keen	MAC	FS	9	F	14
85	1041	22:56	Victor Blanco	MAC	MV40	30	M	71
86	1108	23:01	Colin Broadbent	MAC	MV40	31	M	72
87	1306	23:03	Baz Green	CRC	MV40	32	M	73
88	1052	23:04	Melanie Tudor	MAC	FV50	2	F	15
89	1039	23:04	Sarah Simms	MAC	FV40	5	F	16
90	1048	23:06	Caroline Shrimpton	MAC	FV50	3	F	17
91	577	23:07	Graham Arnott	HX	MV40	33	M	74
92	1037	23:13	Clare Rowles	MAC	FS	10	F	18
93	76	23:14	Alison Jessopp	DD	FV50	4	F	19
94	410	23:16	Sam Manning	WAR	FV40	6	F	20
95	72	23:21	Erica Whittaker	DD	FV50	5	F	21
96	1034	23:22	Sayeed Islam	MAC	MV50	19	M	75
97	1553	23:23	Joe Harvey	HR	MS	20	M	76
98	1544	23:24	Tanya Laing	HR	FV50	6	F	22
99	1050	23:29	Chris Sutton	MAC	MV50	20	M	77
100	329	23:38	Paul Bushby	MS	MV50	21	M	78
101	1515	23:40	Emily Moloney	HR	FS	11	F	23
102	1125	23:42	Chris Lewington	MAC	MV60	5	M	79
103	1402	23:54	Rebecca Hickey	RS	FV50	7	F	24
104	1068	23:56	David Waugh	MAC	MV40	34	M	80
105	3	23:59	Kenneth Brown	DD	MV50	22	M	81
106	1512	23:59	Chris Poole	HR	MV60	6	M	82
107	1536	24:00	Peter Astles	HR	MV60	7	M	83
108	1026	24:03	Jan Weddepohl	MAC	MV60	8	M	84
109	667	24:03	Ian Langham	HX	MV50	23	M	85
110	1123	24:06	Alice Robinson	MAC	FS	12	F	25
111	1086	24:08	Paul Thomas	MAC	MV50	24	M	86
112	1538	24:11	Richard Woodhead	HR	MV50	25	M	87
113	57	24:13	Michael Dyer	DD	MV60	9	M	88
114	398	24:18	Geoff Heap	MS	MV60	10	M	89
115	1115	24:23	David Hearne	MAC	MV40	35	M	90
116	1008	24:24	Steven Dent	MAC	MS	21	M	91
117	1551	24:24	Richard Rints	HR	MV50	26	M	92
118	82	24:34	Nicola Vickers	DD	FS	13	F	26

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender
119	552	24:35	Andrew Harnor	HX	MV60	11	M	93
120	37	24:36	Caroline Stewart	DD	FS	14	F	27
121	1011	24:38	Sarah Brown	MAC	FV40	7	F	28
122	20	24:39	Sheuli Ferguson	DD	FV40	8	F	29
123	52	24:41	Stuart Williams	DD	MV60	12	M	94
124	376	24:41	Neville Bird	MS	MV70	1	M	95
125	1078	24:43	Neil Muir	MAC	MV50	27	M	96
126	1002	24:44	Beryl Nyerere	MAC	FV40	9	F	30
127	4	24:46	Colin Adams	DD	MV50	28	M	97
128	10	24:52	Graham Hill	DD	MV40	36	M	98
129	1005	24:53	Tiguh Wibowo	MAC	MS	22	M	99
130	17	24:56	Yvonne Olney	DD	FV60	1	F	31
131	1526	24:57	Katrina Rints	HR	FV50	8	F	32
132	1136	24:58	Shirin Franklyn	MAC	FS	15	F	33
133	610	25:00	Irfan Akram	HX	MV50	29	M	100
134	1119	25:01	Lucy Bavazzano	MAC	FV40	10	F	34
135	34	25:02	Ron Sloan	DD	MV60	13	M	101
136	1010	25:07	Peter Oldham	MAC	MV60	14	M	102
137	913	25:08	Hitches Charles	BJ	MV40	37	M	103
138	416	25:09	Graeme Buck	WAR	MV50	30	M	104
139	1072	25:14	Chris Crane-Lees	MAC	MV60	15	M	105
140	23	25:20	Daniel Crow	DD	MV40	38	M	106
141	41	25:28	Paul Ashby	DD	MV50	31	M	107
142	1079	25:37	Glen Connell	MAC	MV50	32	M	108
143	418	25:37	James Cassim	WAR	MV40	39	M	109
144	1524	25:40	Judith Lawson	HR	FV60	2	F	35
145	68	25:40	Susan Tansey	DD	FV50	9	F	36
146	553	25:47	Gareth Ward	HX	MV50	33	M	110
147	574	25:48	Helen Turner	HX	FV50	10	F	37
148	337	25:52	Patrick Grindley	MS	MV40	40	M	111
149	1128	25:54	Ali Fyffe	MAC	FV60	3	F	38
150	392	25:59	Sarah Jackson	MS	FS	16	F	39
151	387	26:02	Steve Fuller	MS	MV60	16	M	112
152	1058	26:04	Dave Fitzgerald	MAC	MV40	41	M	113
153	1001	26:06	Derek Philip-Xu	MAC	MV50	34	M	114
154	414	26:07	Francesca Moores	WAR	FS	17	F	40
155	5	26:08	Simon Dinsdale	DD	MV50	35	M	115
156	1532	26:11	Matt Harrison	HR	MS	23	M	116
157	1513	26:13	David Lillie	HR	MV50	36	M	117
158	46	26:14	Craig Sherratt	DD	MV50	37	M	118
159	423	26:15	Freddie Brady	WAR	MS	24	M	119
160	1407	26:16	Juli Wood	RS	FV60	4	F	41
161	334	26:16	Becky Whitworth	MS	FV40	11	F	42
162	1070	26:22	Laura Frewin	MAC	FV40	12	F	43
163	339	26:24	Stephen Hartrick	MS	MV50	38	M	120
164	65	26:26	Claire Boyles	DD	FS	18	F	44
165	1548	26:29	Vicki Bacon	HR	FV40	13	F	45
166	73	26:32	Andrew Green	DD	MV70	2	M	121
167	1013	26:35	Martin Palethorpe	MAC	MV70	3	M	122
168	25	26:37	Ben Blazquez	DD	MV50	39	M	123
169	1099	26:40	John Ingram	MAC	MV60	17	M	124
170	1416	26:41	Sue Tipping	RS	FV60	5	F	46
171	9	26:46	Michael Hill	DD	MV70	4	M	125
172	1120	26:50	Sarah Blake	MAC	FV40	14	F	47
173	1090	26:52	Alison Attard	MAC	FV50	11	F	48
174	1531	26:55	Matt French	HR	MV50	40	M	126
175	53	27:14	Laura Williams	DD	FV50	12	F	49
176	1012	27:20	Sophie Lack	MAC	FS	19	F	50
177	1077	27:22	Padmanabhan Mohan Dhas	MAC	MV40	42	M	127

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender
178	19	27:26	Dennis Bonnie	DD	MV70	5	M	128
179	1042	27:35	Janet Fitzgibbon	MAC	FV40	15	F	51
180	365	27:38	Ann Bowles	MS	FV70	1	F	52
181	36	27:42	David Glazier	DD	MV60	18	M	129
182	1051	27:42	Julie Parkinson	MAC	FV50	13	F	53
183	70	27:43	Amy Longster	DD	FS	20	F	54
184	1417	27:44	Sarah Crossley	RS	FV50	14	F	55
185	1309	27:47	Sarah Parfitt	CRC	FV50	15	F	56
186	1507	27:52	Bonnie Larcombe	HR	FS	21	F	57
187	421	27:54	Vroni Royle	WAR	FV40	16	F	58
188	420	27:54	Sean Jones	WAR	MV50	41	M	130
189	335	28:00	Alice Banks	MS	FV60	6	F	59
190	1510	28:03	Chris Gallagher	HR	MV50	42	M	131
191	1060	28:14	Emma Shepherd	MAC	FV50	16	F	60
192	369	28:18	Adrian Cheung	MS	MV50	43	M	132
193	74	28:19	Jackie Perriman	DD	FV40	17	F	61
194	58	28:20	Samantha Barrett	DD	FV50	17	F	62
195	1025	28:21	Pauline Siddons	MAC	FV70	2	F	63
196	914	28:27	Tipping John	BJ	MV40	43	M	133
197	1525	28:39	Katharine Tompson	HR	FV50	18	F	64
198	405	28:43	Dave Moseley	WAR	MV70	6	M	134
199	655	28:49	Matt Walters	HX	MV40	44	M	135
200	542	28:51	Sarah Cuthbert	HX	FV50	19	F	65
201	618	28:57	Kirstie Waddell-Bourne	HX	FS	22	F	66
202	666	29:01	Bob Yates	HX	MV50	44	M	136
203	1114	29:01	Laura Farnborough	MAC	FS	23	F	67
204	1107	29:01	Kerry Eastwood	MAC	FV40	18	F	68
205	1126	29:18	Shivkumar Lakshminarayanan	MAC	MV40	45	M	137
206	1046	29:23	Shazia Ahmad	MAC	FV50	20	F	69
207	1040	29:25	Laura Loveridge	MAC	FV40	19	F	70
208	1415	29:26	Rachel Seddon	RS	FV40	20	F	71
209	1122	29:34	Suzy Ralphs	MAC	FV50	21	F	72
210	1124	29:40	Linda Szulc	MAC	FV60	7	F	73
211	396	29:41	Sally Ellis	MS	FV40	21	F	74
212	573	29:46	Benji Jespersen	HX	FV50	22	F	75
213	362	29:47	Erica Barclay	MS	FV50	23	F	76
214	1112	30:00	Rosie Ellis	MAC	FV60	8	F	77
215	1408	30:01	Nick Baggott	RS	MV70	7	M	138
216	80	30:02	Gillian Richards	DD	FV40	22	F	78
217	1411	30:03	Jane Perry	RS	FV60	9	F	79
218	1539	30:15	Robert Wood	HR	MV70	8	M	139
219	61	30:24	Alan Gray	DD	MV40	46	M	140
220	566	30:25	Ian Snudden	HX	MV60	19	M	141
221	331	30:37	Andrew Southwood	MS	MV50	45	M	142
222	1409	30:38	Clare Brackenbury	RS	FV60	10	F	80
223	18	30:42	Mark Olney	DD	MV60	20	M	143
224	1105	30:46	Yash Maudgil	MAC	MV60	21	M	144
225	71	30:55	Lucinda Longster	DD	FV50	24	F	81
226	612	31:00	Emily Moss	HX	FS	24	F	82
227	415	31:09	Juliet Flann	WAR	FV50	25	F	83
228	1113	31:10	Ruth McKenzie	MAC	FV40	23	F	84
229	1049	31:23	Mandy Sutton	MAC	FV50	26	F	85
230	1403	31:23	Jane Plessner	RS	FV70	3	F	86
231	1502	31:24	Alison Crook	HR	FV50	27	F	87
232	333	31:28	Ian Barclay	MS	MV60	22	M	145
233	1412	31:32	Becky Tisshaw	RS	FV50	28	F	88
234	1121	31:34	Anushka Howell	MAC	FV60	11	F	89
235	360	31:42	Hannah Smith	MS	FS	25	F	90
236	377	31:42	Carolyn Collins	MS	FV50	29	F	91

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender
237	425	31:45	Sarah Evans	WAR	FS	26	F	92
238	361	31:47	Liz Kendall-Jones	MS	FV60	12	F	93
239	1520	31:50	Janusz Holender	HR	MV60	23	M	146
240	1508	31:50	Cathy Gallagher	HR	MV50	46	M	147
241	2	31:52	Fiona Jamieson	DD	FV50	30	F	94
242	27	32:05	Anne Mograby	DD	FV60	13	F	95
243	378	32:12	Catherine Carter	MS	FV60	14	F	96
244	379	32:21	Catherine Watson	MS	FV60	15	F	97
245	1088	32:30	Benita Scaife	MAC	FV60	16	F	98
246	1087	32:31	John Scaife	MAC	MV70	9	M	148
247	75	32:34	Robert Nutter	DD	MV70	10	M	149
248	336	32:36	Carmen Hostetler	MS	FV50	31	F	99
249	1110	32:39	Sarah Broadbent	MAC	FV40	24	F	100
250	608	32:59	Emma Feeney	HX	FV40	25	F	101
251	1521	33:01	Jeraldine Curran	HR	FV50	32	F	102
252	570	33:06	Anna Young	HX	FV40	26	F	103
253	371	33:13	Jeni Orme	MS	FV60	17	F	104
254	1404	33:14	Stephanie Johnstone	RS	FV50	33	F	105
255	1009	33:24	Julie Whitaker	MAC	FV60	18	F	106
256	586	33:26	Steph Williams	HX	FV50	34	F	107
257	1550	33:28	Lisa Killick	HR	FV50	35	F	108
258	1506	33:31	Becky Williams	HR	FV50	36	F	109
259	1401	33:37	Gill Smith	RS	FV50	37	F	110
260	1529	33:43	Maria Hearne	HR	FV50	38	F	111
261	576	33:52	Clodagh Ball	HX	FV40	27	F	112
262	372	34:30	Jayne Holt	MS	FV60	19	F	113
263	402	34:45	Mairead Duke	WAR	FV50	39	F	114
264	1410	34:46	Anne Mullan	RS	FV60	20	F	115
265	630	34:51	Caitlin Mayo	HX	FS	27	F	116
266	42	34:57	Fay Muir	DD	FV40	28	F	117
267	1547	35:07	Tracey Lord	HR	FV40	29	F	118
268	1104	35:10	Gail Lowe	MAC	FV70	4	F	119
269	26	35:15	Claire Blazquez	DD	FV40	30	F	120
270	358	35:17	Linda Southwood	MS	FV50	40	F	121
271	590	35:44	Jess Boughton	HX	FS	28	F	122
272	698	35:45	Simon Adams	HX	MV60	24	M	150
273	374	36:03	Bex Banks	MS	FV50	41	F	123
274	1406	36:19	Nusrat Baig	RS	FV50	42	F	124
275	1414	36:41	Donna Howlett	RS	FV50	43	F	125
276	1413	36:55	Alice Hunt	RS	FV40	31	F	126
277	380	37:06	Janet Cursi	MS	FV60	21	F	127
278	368	39:18	Jeanette Howkins	MS	FV40	32	F	128
279	381	39:18	Sandy Briggs	MS	FV60	22	F	129
280	370	39:19	Bethany Amer	MS	FV40	33	F	130
281	332	39:20	Adrian Ayres	MS	MV70	11	M	151
282	45	39:25	Beverley Buckner	DD	FV60	23	F	131
283	1109	39:36	Judi Jeffries	MAC	FV70	5	F	132
284	1106	40:32	Helal Stephan	MAC	MV70	12	M	152
285	690	41:32	Mike Hickman	HX	MV70	13	M	153