

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender	Guest
1	781	17:03	Andrew Humphrey	BJ	MS	1	M	1	
2	762	17:17	Patrick Butler	BJ	MV40	1	M	2	
3	1100	17:33	Adam Bennett	MAC	MS	2	M	3	
4	814	17:54	Matthew Nurse	BJ	MS	3	M	4	
5	410	17:56	Alistair Palmer	WAR	MS	4	M	5	
6	53	18:07	Chris Bradfield	DD	MV40	2	M	6	
7	550	18:19	Dominic Reed	HX	MS	5	M	7	
8	1022	18:37	Brad Hales	MAC	MS	6	M	8	
9	1097	18:38	James Fickling	MAC	MV40	3	M	9	
10	568	18:41	Frank Fulcher	HX	MV50	1	M	10	
11	716	18:46	John Boddington	BJ	MV40	4	M	11	
12	38	18:55	Joe Grehan	DD	MS	7	M	12	
13	200	18:57	George Barrett	DD	MJ	1	M	13	Y
14	1079	18:58	Pete Church	MAC	MV40	5	M	14	
15	39	19:03	Antony Maclean	DD	MS	8	M	15	
16	504	19:04	Fred Newton	HX	MS	9	M	16	
17	1009	19:07	Alejandro del Campo	MAC	MV40	6	M	17	
18	1055	19:08	Joshua Pope	MAC	MS	10	M	18	
19	1036	19:12	Kirsty Matthews	MAC	FS	1	F	1	
20	506	19:14	Olly Turner	HX	MV50	2	M	19	
21	1027	19:17	Sean Keddy	MAC	MV40	7	M	20	
22	1072	19:18	Mark Stylo	MAC	MJ	2	M	21	
23	809	19:18	Mark Moore	BJ	MV60	1	M	22	
24	256	19:27	Graham Parkins	MS	MV40	8	M	23	
25	717	19:31	Paul Boote	BJ	MS	11	M	24	
26	547	19:34	Pandav Mahato	HX	MV40	9	M	25	
27	1081	19:39	Darryl Chiles	MAC	MV40	10	M	26	
28	780	19:43	Ben Hull	BJ	MS	12	M	27	
29	829	19:49	Sean Rooney	BJ	MV50	3	M	28	
30	760	19:57	Mark Evans	BJ	MV50	4	M	29	
31	1017	19:57	Colin Symons	MAC	MV50	5	M	30	
32	251	20:02	Charles MacDonald	MS	MS	13	M	31	
33	830	20:05	Chris Rose	BJ	MV50	6	M	32	
34	1015	20:09	Jonathan Oliver	MAC	MV40	11	M	33	
35	16	20:15	Thomas Atherden	DD	MS	14	M	34	
36	1107	20:27	Will Burkitt	MAC	MV40	12	M	35	
37	600	20:34	Matt Fowler-Jones	HX	MV50	7	M	36	
38	1021	20:36	Graham Matthews	MAC	MV50	8	M	37	
39	567	20:38	John Houston	HX	MV40	13	M	38	
40	1306	20:41	Toby Holmes	CRC	MJ	3	M	39	
41	776	20:42	Bev Holmes	BJ	FV40	1	F	2	
42	246	20:46	Lyndsay Markham	MS	FV40	2	F	3	
43	21	20:48	Colin Surgeon	DD	MV50	9	M	40	
44	1011	20:49	Connor Fitzgibbon	MAC	MJ	4	M	41	
45	819	20:49	Sarah Pearson	BJ	FV50	1	F	4	
46	1083	20:50	Toby Smith	MAC	MJ	5	M	42	
47	48	20:54	Max Brech	DD	MS	15	M	43	
48	775	20:54	Matthew Higginson	BJ	MS	16	M	44	
49	1068	20:56	Paul Sharp	MAC	MV50	10	M	45	
50	1074	20:59	Mark Smith	MAC	MV40	14	M	46	
51	51	21:00	Peter Totays	DD	MV50	11	M	47	
52	1041	21:06	Sam Gillespie	MAC	MV40	15	M	48	
53	262	21:10	Davina Rutledge	MS	FV40	3	F	5	

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender	Guest
54	723	21:11	Andy Burland	BJ	MV50	12	M	49	
55	797	21:19	Hilton Lindo	BJ	MV40	16	M	50	
56	63	21:21	Stuart Armstrong	DD	MV60	2	M	51	
57	223	21:24	Michael Price	MS	MV40	17	M	52	
58	876	21:24	Oliver Chan	BJ	MJ	6	M	53	Y
59	59	21:26	Emma Twomey	DD	FV40	4	F	6	
60	61	21:33	Rhys Beer	DD	MV40	18	M	54	
61	548	21:38	Graham Arnott	HX	MV40	19	M	55	
62	1307	21:42	James Dickinson	CRC	MV40	20	M	56	
63	5	21:44	Helen Bolt	DD	FV60	1	F	7	
64	1073	21:48	Adam Stylo	MAC	MV40	21	M	57	
65	401	21:49	Nick Flann	WAR	MV50	13	M	58	
66	1090	21:54	Stuart Atkinson	MAC	MV40	22	M	59	
67	25	21:55	Emily Hicks	DD	FS	2	F	8	
68	240	21:56	Jacob Cooke	MS	MJ	7	M	60	
69	225	21:57	Mike Thompson	MS	MV60	3	M	61	
70	1086	21:58	Ed Dimmock	MAC	MV40	23	M	62	
71	221	21:58	Connie Shah	MS	FS	3	F	9	
72	407	21:59	Matthew Gingell	WAR	MV50	14	M	63	
73	55	22:00	Simon Dinsdale	DD	MV50	15	M	64	
74	767	22:00	Fiona Grace	BJ	FS	4	F	10	
75	1023	22:02	Dennis Murphy	MAC	MV50	16	M	65	
76	1094	22:07	Benjamin Kelly	MAC	MJ	8	M	66	
77	1089	22:09	Becky Atkinson	MAC	FV40	5	F	11	
78	88	22:09	Sacha Brech	DD	MV50	17	M	67	
79	1082	22:10	Dean Kelly	MAC	MV40	24	M	68	
80	207	22:10	Fionnghuala Paterson	MS	FS	5	F	12	
81	725	22:11	Helen Butler	BJ	FV40	6	F	13	
82	1006	22:12	Steven Barnes	MAC	MV40	25	M	69	
83	259	22:13	Andrew Wilson	MS	MV60	4	M	70	
84	1040	22:15	Sarah Simms	MAC	FV40	7	F	14	
85	40	22:16	Kenneth Brown	DD	MV50	18	M	71	
86	793	22:17	Tom Kingsbury	BJ	MS	17	M	72	
87	800	22:26	Warren Lovell	BJ	MV40	26	M	73	
88	865	22:31	Nigel Wright	BJ	MV60	5	M	74	
89	1033	22:36	Richard Davies	MAC	MV40	27	M	75	
90	244	22:37	Paul Bushby	MS	MV50	19	M	76	
91	1104	22:38	Cian Shaffrey	MAC	MV40	28	M	77	
92	1051	22:39	Sayeed Islam	MAC	MV50	20	M	78	
93	49	22:41	Helen Jones-Totays	DD	FV50	2	F	15	
94	37	22:42	Robin Smith	DD	MV60	6	M	79	
95	409	22:46	Caroline Hatchett-Walker	WAR	FV40	8	F	16	
96	268	22:55	Arnold Babumba	MS	MS	18	M	80	
97	1304	22:56	Phill Kemp	CRC	MV40	29	M	81	
98	26	22:57	Erica Whittaker	DD	FV50	3	F	17	
99	1052	22:58	Paul Thomas	MAC	MV50	21	M	82	
100	744	22:59	Sophie Cronin	BJ	FS	6	F	18	
101	1085	22:59	Jonathan Inglis	MAC	MS	19	M	83	
102	835	23:01	Paul Sasada	BJ	MV60	7	M	84	
103	1028	23:04	David Pearce	MAC	MV50	22	M	85	
104	601	23:05	Charmain Fowler-Jones	HX	FV40	9	F	19	
105	1042	23:06	Steven Gillespie	MAC	MJ	9	M	86	
106	1077	23:06	Dominic de Ban	MAC	MV50	23	M	87	

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender	Guest
107	1078	23:08	Tammie Hawkins	MAC	FV50	4	F	20	
108	1035	23:09	Alice Albrow	MAC	FV40	10	F	21	
109	100	23:11	Stephen Hartigan	DD	MV40	30	M	88	
110	778	23:13	Steve Hoskins	BJ	MV40	31	M	89	
111	1032	23:14	Samantha Warren	MAC	FV40	11	F	22	
112	7	23:15	Claire Boyles	DD	FS	7	F	23	
113	878	23:15	Sam Turnock	BJ	MS	20	M	90	Y
114	238	23:16	Iain Shepherd	MS	MV50	24	M	91	
115	1113	23:16	Gareth Ralphs	MAC	MV50	25	M	92	
116	264	23:18	Dan Siskin	MS	MS	21	M	93	
117	513	23:21	Guy D'Arcy-Evans	HX	MV60	8	M	94	
118	1069	23:22	Christina O'Beirne	MAC	FS	8	F	24	
119	408	23:33	Kitty Gingell	WAR	FS	9	F	25	Y
120	565	23:37	Ellen Fulcher	HX	FV50	5	F	26	
121	1002	23:42	Chris Lewington	MAC	MV60	9	M	95	
122	258	23:44	Katie Colwill	MS	FS	10	F	27	
123	1005	23:47	David Waugh	MAC	MV40	32	M	96	
124	1071	23:49	Oliver Smith Yeadon	MAC	MJ	10	M	97	
125	41	23:51	Paul Ashby	DD	MV50	26	M	98	
126	718	23:55	Brian Bower	BJ	MV60	10	M	99	
127	1088	23:56	Bev Cartlidge	MAC	FS	11	F	28	
128	1048	24:01	Caroline Shrimpton	MAC	FV50	6	F	29	
129	1044	24:02	Jennefer Francis	MAC	FV40	12	F	30	
130	1026	24:02	Fran Sille	MAC	FS	12	F	31	
131	249	24:04	Steve Webb	MS	MV50	27	M	100	
132	1305	24:05	Stuart Dawson	CRC	MV40	33	M	101	
133	2	24:10	Yvonne Olney	DD	FV60	2	F	32	
134	23	24:11	Alison Brownhill	DD	FV50	7	F	33	
135	1303	24:12	Steve Bennetts	CRC	MV60	11	M	102	
136	201	24:16	Patrick Grindley	MS	MV40	34	M	103	
137	254	24:23	Geoff Heap	MS	MV60	12	M	104	
138	801	24:27	Jo Luty	BJ	FV40	13	F	34	
139	1029	24:28	Ted Fogg	MAC	MJ	11	M	105	
140	1309	24:31	David Ridley	CRC	MV40	35	M	106	
141	1084	24:34	Dan Smith	MAC	MV40	36	M	107	Y
142	505	24:36	Dave Pascoe	HX	MV50	28	M	108	
143	833	24:40	Rachel Sammes	BJ	FV40	14	F	35	
144	523	24:40	Ian Langham	HX	MV50	29	M	109	
145	257	24:47	Sophie Gauntlett	MS	FS	13	F	36	
146	402	24:48	Roisin McMahon	WAR	FV40	15	F	37	Y
147	404	24:49	Chris Belton	WAR	MV60	13	M	110	
148	266	24:50	Malcolm McDonald	MS	MV60	14	M	111	
149	255	24:52	Claire Parker	MS	FV40	16	F	38	
150	227	24:53	Stephen Hartrick	MS	MV50	30	M	112	
151	501	24:56	Matt Walters	HX	MV40	37	M	113	
152	666	24:57	Robert Yates	HX	MV50	31	M	114	
153	730	24:58	Phaedra Casey	BJ	FV40	17	F	39	
154	216	25:03	Carl Blackstock	MS	MV60	15	M	115	
155	269	25:05	Rebecca Whitworth	MS	FV40	18	F	40	
156	798	25:06	Yestin Linton Smith	BJ	MV60	16	M	116	
157	1103	25:08	Lukasz Kolada	MAC	MS	22	M	117	
158	58	25:10	Sally Offin	DD	FV40	19	F	41	
159	518	25:10	Craig Harrison	HX	MV50	32	M	118	

Position	Number	Time	Name	Club	Category	Pos In Category	Gender	Pos in Gender	Guest
160	1067	25:14	Chris Lees	MAC	MV60	17	M	119	
161	1010	25:26	Chad Fitzgibbon	MAC	MV40	38	M	120	
162	515	25:28	Liz D'Arcy-Evans	HX	FV50	8	F	42	
163	18	25:31	Alan Gray	DD	MV40	39	M	121	
164	528	25:36	Andrew Harnor	HX	MV60	18	M	122	
165	731	25:38	Lindsay Chan	BJ	FV40	20	F	43	
166	52	25:39	Penny Shepherd	DD	FV40	21	F	44	
167	856	25:40	Elin Watkins	BJ	FS	14	F	45	
168	1039	25:44	Susan McEwen	MAC	FV60	3	F	46	
169	203	25:46	Philip Ede	MS	MV50	33	M	123	
170	242	25:46	Alice Banks	MS	FV60	4	F	47	
171	252	25:48	Emma Dark	MS	FV40	22	F	48	
172	245	25:48	Amanda Hobbs	MS	FV50	9	F	49	
173	218	25:49	Adrian Cheung	MS	MV40	40	M	124	
174	1111	25:51	Suzy Ralphs	MAC	FV50	10	F	50	
175	842	25:54	Andrew Somerville	BJ	MV50	34	M	125	
176	60	25:55	Charlotte MacKenzie	DD	FS	15	F	51	
177	1013	25:57	Dave Fitzgerald	MAC	MV40	41	M	126	
178	56	25:58	Gillian Richards	DD	FV40	23	F	52	
179	1308	26:05	Simon Smith	CRC	MV50	35	M	127	
180	270	26:06	Emma Carter	MS	FV40	24	F	53	
181	519	26:07	Cara Frank	HX	FS	16	F	54	
182	1057	26:10	Celine Sturiale	MAC	FV40	25	F	55	
183	1062	26:10	StJohn Ford	MAC	MV40	42	M	128	
184	69	26:12	Michael Hill	DD	MV60	19	M	129	
185	14	26:14	John McCulloch	DD	MV50	36	M	130	
186	743	26:16	Julia Crepineau	BJ	FV50	11	F	56	
187	1406	26:22	Carol Singleton Slade	RS	FV50	12	F	57	
188	543	26:23	Teresa Watkins	HX	FV50	13	F	58	
189	15	26:25	Andrew Green	DD	MV60	20	M	131	
190	861	26:32	Trevor West	BJ	MV40	43	M	132	
191	1091	26:35	Alana Bodell	MAC	FJ	1	F	59	
192	1012	26:36	Janet Fitzgibbon	MAC	FV40	26	F	60	
193	773	26:38	Gary Heron	BJ	MV40	44	M	133	
194	1101	26:40	Laura Loveridge	MAC	FV40	27	F	61	
195	1102	26:41	Carina Charles	MAC	FV40	28	F	62	Y
196	508	26:42	Helen Turner	HX	FV40	29	F	63	
197	11	26:50	Samantha Barrett	DD	FV40	30	F	64	
198	17	26:57	Melanie Ratcliffe	DD	FV40	31	F	65	
199	236	26:59	Cally Oatley	MS	FV40	32	F	66	
200	792	27:00	Oliver Keene	BJ	MV60	21	M	134	
201	511	27:10	Helen Moseley	HX	FV40	33	F	67	
202	509	27:11	Jessica Sutherland	HX	FS	17	F	68	
203	1070	27:14	John Ingram	MAC	MV60	22	M	135	
204	235	27:29	Stephen Greenham	MS	MS	23	M	136	
205	606	27:31	Phil Britton	HX	MV60	23	M	137	
206	239	27:33	Kate Cooke	MS	FV50	14	F	69	
207	1301	27:37	Sarah Parfitt	CRC	FV50	15	F	70	
208	213	27:48	Udit Arora	MS	MV40	45	M	138	
209	1075	28:03	Craig Sherratt	MAC	MV50	37	M	139	
210	237	28:06	Jenny Gregory	MS	FS	18	F	71	
211	510	28:08	Kirstie Cloke	HX	FV40	34	F	72	
212	215	28:11	Sue Blackstock	MS	FV60	5	F	73	

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213	263	28:13	Dawn Edgington	MS	FV50	16	F	74	
214	405	28:17	John Bagshaw	WAR	MV60	24	M	140	
215	1092	28:18	Clare Symons	MAC	FV60	6	F	75	
216	1024	28:20	Shazia Ahmad	MAC	FV50	17	F	76	
217	531	28:23	Debbie Edington	HX	FV60	7	F	77	
218	202	28:24	Helen Sucksmith	MS	FV40	35	F	78	
219	1014	28:25	Pauline Siddons	MAC	FV70	1	F	79	
220	1401	28:26	Jane Perry	RS	FV60	8	F	80	
221	1076	28:28	Alison Attard	MAC	FV50	18	F	81	
222	1098	28:28	Neil Muir	MAC	MV50	38	M	141	
223	1096	28:32	Rajesh Patel	MAC	MV50	39	M	142	
224	9	28:33	Dave Glazier	DD	MV60	25	M	143	
225	219	28:34	Andrew Southwood	MS	MV50	40	M	144	
226	569	28:38	Adisa Sultanovic	HX	FV40	36	F	82	
227	1108	28:41	Matthew Edmundson	MAC	MV40	46	M	145	Y
228	57	28:42	Angie Hannigan	DD	FV50	19	F	83	
229	43	28:44	Alison Allen	DD	FV60	9	F	84	
230	217	28:46	Laura Mann	MS	FV40	37	F	85	
231	787	28:49	John Jenner	BJ	MV70	1	M	146	
232	205	28:52	Nigel Rose	MS	MV60	26	M	147	
233	1065	28:52	Richard Pink	MAC	MV50	41	M	148	
234	65	28:58	Mark Olney	DD	MV60	27	M	149	
235	42	28:58	Fiona Jamieson	DD	FV50	20	F	86	
236	791	29:01	Patrica Keene	BJ	FV60	10	F	87	
237	47	29:03	Charles Allen	DD	MV60	28	M	150	
238	1310	29:09	Janey Heller	CRC	FV50	21	F	88	
239	855	29:12	Peter Walker	BJ	MV50	42	M	151	
240	525	29:12	Irfan Akram	HX	MV40	47	M	152	
241	613	29:15	Benji Jespersen	HX	FV40	38	F	89	
242	1106	29:23	Emma Howarth	MAC	FS	19	F	90	
243	1060	29:23	Jeanette Sanderson	MAC	FV60	11	F	91	
244	1030	29:27	Sarah Fogg	MAC	FV50	22	F	92	
245	1050	29:28	Steve Overbury	MAC	MV50	43	M	153	
246	6	29:32	Graham Hill	DD	MV40	48	M	154	
247	32	29:32	Lauren Staite	DD	FS	20	F	93	
248	403	29:37	Julie Muir	WAR	FV50	23	F	94	
249	1061	29:38	Ian McKenzie	MAC	MV60	29	M	155	
250	738	29:42	Richard Coleman	BJ	MV60	30	M	156	
251	222	29:43	Sally Ellis	MS	FS	21	F	95	
252	530	29:44	Peter Edington	HX	MV60	31	M	157	
253	1056	29:45	Beryl Nyerere	MAC	FV40	39	F	96	
254	520	29:47	Esme Loweth	HX	FS	22	F	97	
255	516	29:48	Alice Aber	HX	FS	23	F	98	
256	872	30:02	Doug Sene	BJ	MV50	44	M	158	Y
257	816	30:05	Nikki Parker	BJ	FV50	24	F	99	
258	406	30:08	Dave Moseley	WAR	MV70	2	M	159	
259	875	30:11	Andy O Grady	BJ	MV60	32	M	160	Y
260	73	30:17	Mike May	DD	MV70	3	M	161	
261	844	30:21	Stefan Stasiuk	BJ	MV70	4	M	162	
262	30	30:30	Anne Mograby	DD	FV50	25	F	100	
263	799	30:39	Mary Lord	BJ	FV60	12	F	101	
264	1409	30:49	Sarah Broadbent	RS	FV40	40	F	102	
265	1093	31:07	Louise Rawlings	MAC	FV50	26	F	103	

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266	44	31:13	Lucinda Longster	DD	FV50	27	F	104	
267	46	31:14	Amy Longster	DD	FS	24	F	105	
268	45	31:14	Roma Longster	DD	FS	25	F	106	
269	212	31:20	Ann Bowles	MS	FV70	2	F	107	
270	1095	31:24	Laura Frewin	MAC	FV40	41	F	108	
271	1003	31:27	Julie Whitaker	MAC	FV60	13	F	109	
272	1045	31:38	Benita Scaife	MAC	FV60	14	F	110	
273	1046	31:39	John Scaife	MAC	MV60	33	M	163	
274	1066	31:45	Anushka Howell	MAC	FV60	15	F	111	
275	1019	31:56	Mandy Sutton	MAC	FV50	28	F	112	
276	13	31:59	Michelle Jenkins	DD	FV50	29	F	113	
277	1053	32:00	Marika Karavan	MAC	FV50	30	F	114	
278	1407	32:07	Glynis Moore	RS	FV60	16	F	115	
279	1087	32:20	Lizz Alexander	MAC	FS	26	F	116	
280	1408	32:23	Gill Smith	RS	FV50	31	F	117	
281	514	32:24	Darren Wakefield	HX	MV40	49	M	164	
282	228	32:27	Mandy Wishart	MS	FV50	32	F	118	
283	211	32:37	Patricia Rae	MS	FV50	33	F	119	
284	1001	33:02	David Waterman	MAC	MV70	5	M	165	
285	696	33:09	Natasha Stevenson	HX	FV40	42	F	120	
286	874	33:10	Jo Gilbert	BJ	FV60	17	F	121	Y
287	1007	33:37	Yash Maudgil	MAC	MV60	34	M	166	
288	522	33:46	Gareth Ward	HX	MV50	45	M	167	
289	1403	34:13	Paula Walker	RS	FV60	18	F	122	
290	1099	34:19	Fay Muir	MAC	FV40	43	F	123	Y
291	247	34:28	Kirsten Beckett	MS	FV50	34	F	124	
292	877	34:34	Annie Sammes	BJ	FJ	2	F	125	Y
293	232	34:34	Catherine Carter	MS	FV50	35	F	126	
294	1402	34:37	Alison Thorpe	RS	FV60	19	F	127	
295	220	34:39	Jeanette Howkins	MS	FV40	44	F	128	
296	233	34:41	Catherine Watson	MS	FV60	20	F	129	
297	250	34:44	Rebecca Banks	MS	FV50	36	F	130	
298	248	35:27	Carolyn Clarke	MS	FV40	45	F	131	
299	206	35:35	Pamela Rose	MS	FV50	37	F	132	
300	204	35:37	Sarah Webb	MS	FV50	38	F	133	
301	769	35:54	Lynda Grome	BJ	FV70	3	F	134	
302	260	35:55	Marianne Mays	MS	FV70	4	F	135	
303	1404	36:21	Thea Walker	RS	FS	27	F	136	Y
304	1008	36:25	Helal Stephan	MAC	MV70	6	M	168	
305	1302	37:21	Helen Philip	CRC	FV40	46	F	137	
306	832	38:23	Ishwan Sahota	BJ	FV50	39	F	138	
307	1043	40:19	Gemma Gillespie	MAC	FS	28	F	139	
308	1063	40:21	Sara Ford	MAC	FV50	40	F	140	
309	786	40:39	Isabella Jeffries	BJ	FV50	41	F	141	
310	880	40:47	Carmel Cassidy	BJ	FV40	47	F	142	Y
311	879	40:48	Cindy Carvell	BJ	FV40	48	F	143	Y
312	226	41:34	Andrea Stevens	MS	FV50	42	F	144	
313	265	41:35	Adrian Ayres	MS	MV60	35	M	169	
314	224	44:27	Bethany Amer	MS	FS	29	F	145	
315	231	44:27	Janet Cursi	MS	FV60	21	F	146	
316	521	46:36	Mike Hickman	HX	MV70	7	M	170	