

## Risk Assessment: <Insert Activity/Event>

Date:	Assessed by:	Location :	Review :
17/ 01 /2018	Leila Oliver	Braywick Road (Traitors gate to Chairmans gate)	17/ 01 /2019

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Slips and trips Spillages/loose cables	Staff may be injured if they slip on spillages or trip on cables or objects left on the floor.	<ul style="list-style-type: none"> <li>There is general good housekeeping policy in the organisation</li> <li>Wet floor signs are always used</li> <li>Staff use electrical sockets nearest to where they are working to reduce the risk of tripping over leads</li> </ul>	L	<ul style="list-style-type: none"> <li>Introduce a two-mop system for cleaning floors (wet mopping followed by dry mopping)</li> <li>Remind staff to wear sensible shoes, e.g. flat shoes with a good grip</li> </ul>	L	Joe Bloggs	25/12/16	Yes 14/09/15 Joe Bloggs
Slips and trips due to road and pavement conditions, eg. pot holes, wet leaves, uneven ground, objects on the ground.	Athletes may be injured if they trip over uneven pavement or objects, put foot in pot holes, slip on wet leaves/berries.	<ul style="list-style-type: none"> <li>Inspect pavement prior to session.</li> <li>Alert athletes to where the hazards are and mark out if possible.</li> <li>Have a person by any hazards that cannot be marked out.</li> <li>Athletes use head torches.</li> </ul>	M	<ul style="list-style-type: none"> <li>Avoid use in icy conditions or if pavement conditions are excessively pot holed or uneven.</li> </ul>	M	Leila Oliver	When needed	
Athletes colliding	Athletes injured by colliding with each other.	<ul style="list-style-type: none"> <li>Athletes to wear high visibility clothing and optional head</li> </ul>	L	<ul style="list-style-type: none"> <li>Segregated paths if possible.</li> </ul>	L	Leila Oliver	When needed.	

		<p>torches.</p> <ul style="list-style-type: none"> <li>• Athletes to run on left no more than two abreast.</li> <li>• Remind athletes to be aware of each other faster runners aware of slower runners and vice versa.</li> <li>• Session to stop if serious injury.</li> </ul>					
Athletes colliding with member of the public	Athletes or member of the public injured by colliding with each other.	<ul style="list-style-type: none"> <li>• Athletes to wear high visibility clothing and optional head torches.</li> <li>• Athletes to run on left no more than two abreast.</li> <li>• Remind athletes to be aware of public and give them the right of way.</li> </ul>	L	<ul style="list-style-type: none"> <li>• Caution runner signs.</li> </ul>	L	Leila Oliver	When needed.
Athletes colliding with cyclists	Athletes of cyclists injured by colliding with each other.	<ul style="list-style-type: none"> <li>• Athletes to wear high visibility clothing and optional head torches.</li> <li>• Athletes to run on left no more than two abreast.</li> <li>• Remind athletes to be aware of cyclists and allow them to pass safely.</li> <li>• Coach and athletes in the group to call 'bike' when a bike is approaching so that group is aware.</li> </ul>	L	<ul style="list-style-type: none"> <li>• Caution runner signs.</li> </ul>	L	Leila Oliver	When needed.
Collision with car	Athletes may be injured if they are not seen by residents driving off/on drive or if they stumble onto Braywick Road.	<ul style="list-style-type: none"> <li>• Remind athletes of the danger of running on/near roads and the importance of being aware.</li> <li>• All athletes to wear high visibility/reflective clothing and head torches.</li> </ul>	M	<ul style="list-style-type: none"> <li>• Use caution runner signs.</li> </ul>	M	Leila Oliver	When needed.

		<ul style="list-style-type: none"><li>• Use pavement at all times.</li><li>• Coach to be in an area in high visibility clothing where all athletes can be seen and alert them to approaching cars.</li><li>• Session to stop if collision occurs.</li></ul>						
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NB Copy and paste rows as required