

Code of practice for parents/helpers



Encourage all children to learn the rules and participate within them.



Help all children to recognise level of effort and good performance, not just results.



Never force a child to take part in sport.



Set a good example by recognising fair play and applauding good performances of all.



Never punish or belittle a child for losing or making mistakes.



Publicly accept coaches' opinions and guidance.



Publicly accept officials' judgements.



Support all children's involvement and help them to enjoy athletics.



Use correct and proper language at all times.



Encourage and guide performers to accept responsibility for their own performance and behaviour.



Parents of athletes who attend Saturday training sessions must commit to signing up on the helpers rota at least 3 times a term, as this helps to ensure a safe environment for all. It allows coaches to focus on the activity being coached.



Parents must remain with athletes at competitions and be prepared to help with team management / field officiating. If there is an issue with remaining at the venue on a particular occasion please discuss with coaches in advance.