










Code of practice for junior members

Maidenhead Athletic Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with **the Club Welfare Officer**, who can be reached at welfare@maidenheadac.co.uk.

As a member of **Maidenhead Athletic Club** you are expected to abide by the following junior code of practice:

-  All members must play within the rules and respect officials and coaches, and their decisions. Any junior member can be disciplined for behaviour by means of a yellow card system. This includes attitude, lack of discipline and behaviour that affects or disrupts the other athletes, coaches and helpers.
-  All members should consider others and respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual identity.
-  Members should arrive properly prepared and at agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
-  Members who attend Saturday training sessions are expected to compete in a minimum of 2 track and field meets in the summer and 2 Sportshall competitions in the winter. Athletes attending distance training are expected to compete in cross country in the winter. If there is a concern with competing, please discuss with the head coach prior to signing. All non-competing athletes will be coached during the first session (i.e. 9.20 – 11.00am)
-  Athletes who attend Saturday training sessions are expected to attend training every week. Any reason for absence must be communicated (by e-mail or text) beforehand. Any long term absence should be discussed with Admin / Welfare / Coach. Failure to do so may result in the loss of your place.
-  Members must wear suitable kit – *black shorts, club vest or t-shirt, trainers (tightly laced), warm/waterproof layers, water bottle/still drink* – for training and competitions, as agreed with the coach/team manager.
-  Members must pay any fees promptly.

Please turn over for the **Code of practice for parents/helpers**

I have read and understood the Code of Practice for Junior Members and the Code of Practice for parents/helpers. Junior member :

Signed – Junior member : _____ Date : ____/____/____

Signed – Parent of junior members : _____