

MAC 5k Results 2013

Position	Time	Number	Name	Club	Cat	Cat Posn
1	16.20	24	Rob Foster	Datchet Dashers	MS	1
2	16.32	28	James Samson	Datchet Dashers	MS	2
3	17.24	76	David McNally	Datchet Dashers	MV40	1
4	17.40	543	Steve Roberts	Handy Cross	MV40	2
5	17.47	75	Steven Illott	Datchet Dashers	MS	3
6	17.54	236	Simon Sikora	Marlow Striders	MS	4
7	17.58	563	Brendon Gilbert	Handy Cross	MS	5
8	18.03	429	Nick Hatchard	Wargrave Runners	MS	6
9	18.05	72	Philip Jones	Datchet Dashers	MV40	3
10	18.14	233	Andy Ford	Marlow Striders	MV40	4
11	18.15	963	Rod Lafargue	MAC	MS	7
12	18.16	802	Chris Rose	Burnham Joggers	MV40	5
13	18.19	220	Steve Chapple	Marlow Striders	MV40	6
14	18.21	531	David Hall	Handy Cross	MS	8
15	18.26	806	Ben Schiffer-Harte	Burnham Joggers	MS	9
16	18.33	422	Dean Thatcher	Wargrave Runners	MS	10
17	18.39	503	James Allchin	Handy Cross	MS	11
18	18.43	564	Alun Jones	Handy Cross	MV50	1
19	18.44	798	James Quincey	Burnham Joggers	MS	12
20	18.45	237	Jason Crabtree	Marlow Striders	MS	13
21	18.46	829	Pete Walker	Burnham Joggers	MV40	7
22	18.50	97	Steve Arscott	Datchet Dashers	MV40	8
23	18.53	528	Paul Dineen	Handy Cross	MV40	9
24	18.58	25	Leigh Bignold	Datchet Dashers	MS	14
25	18.58	22	David Lee	Datchet Dashers	MS	15
26	19.02	454	Adam Burke	Cookham Running Club	MS	16
27	19.14	752	Marc Grover	Burnham Joggers	MS	17
28	19.14	408	Nick Flann	Wargrave Runners	MV40	10
29	19.17	947	Jacob Tinson	MAC	MS	18
30	19.17	939	Kelly Burwood	MAC	FS	1
31	19.26	510	Howard Taylor	Handy Cross	MV50	2
32	19.30	41	Michael Hill	Datchet Dashers	MV50	3
33	19.31	911	Sam Goldfinch	MAC	MJ	1
34	19.39	56	Adam Stallwood	Datchet Dashers	MV40	11
35	19.42	451	Ibet Allan	Cookham Running Club	FS	2
36	19.45	77	Gary Mash	Datchet Dashers	MV40	12
37	19.51	57	Zena Phillips	Datchet Dashers	FS	3
38	19.57	244	Wayne Samuel	Marlow Striders	MS	19
39	19.58	61	Guy Grewal	Datchet Dashers	MS	20
40	20.11	94	Ben Davies	Datchet Dashers	MV40	13
41	20.12	852	Dave Randall	Burnham Joggers (G)	MS	21
42	20.13	566	Gareth Imms	Handy Cross	MS	22
43	20.14	978	Luis Hindman	MAC	MJ	2
44	20.16	476	Satish Lawson	Cookham Running Club	MS	23
45	20.16	58	Sarah Lester	Datchet Dashers	FS	4
46	20.18	705	Colin Baker	Burnham Joggers	MV50	4
47	20.19	79	David Priddy	Datchet Dashers	MV50	5
48	20.21	416	Chris Belton	Wargrave Runners	MV50	6
49	20.22	571	James Edwards	Handy Cross	MS	24

50	20.22	914	Polly Batstone	MAC	FJ	1
51	20.24	232	Paul Connor	Marlow Striders	MV50	7
52	20.32	795	Simon Peralta	Burnham Joggers	MS	25
53	20.42	45	Claire Cann	Datchet Dashers	FV40	1
54	20.45	577	Tom Astles	Handy Cross	MJ	3
55	20.46	48	Derek Sprenger	Datchet Dashers	MV50	8
56	20.48	91	Heather MacKay	Datchet Dashers	N/a	N/a
57	20.52	711	Phil Bickley	Burnham Joggers	MV40	14
58	20.53	573	Dave Moist	Handy Cross	MS	26
59	20.56	70	Peter Hardman	Datchet Dashers	MV50	9
60	21.00	68	Colin Surgeon	Datchet Dashers	MV40	15
61	21.01	207	Paul Bushby	Marlow Striders	MV40	16
62	21.03	529	Mike Hollis	Handy Cross	MV60	1
63	21.07	23	Catherine Lees	Datchet Dashers	FS	5
64	21.08	942	Darren Siddons	MAC Guest	MS	27
65	21.10	789	Lee Norcott	Burnham Joggers	MS	28
66	21.14	729	Bruce Cooke	Burnham Joggers	MV60	2
67	21.20	979	James Griffiths	MAC	MJ	4
68	21.23	569	Ben Cutler	Handy Cross	MS	29
69	21.24	536	Anne-Sophie Denis	Handy Cross	FS	6
70	21.24	10	Glenn Trafford-Smith	Datchet Dashers	MS	30
71	21.28	51	Jeremy Allsup	Datchet Dashers	MV40	17
72	21.31	21	Craig Sherratt	Datchet Dashers	MV40	18
73	21.33	759	John Irwin	Burnham Joggers	MV60	3
74	21.35	255	Lyndsay Fitzgerald	Marlow Striders (G)	FS	7
75	21.39	718	Dominic Burchett	Burnham Joggers	MJ	5
76	21.40	205	Barbro Julin	Marlow Striders	FV50	1
77	21.41	211	Lyndsey Markham	Marlow Striders	FS	8
78	21.45	989	Robert Anderson	MAC Guest	MJ	6
79	21.46	425	John Noon	Wargrave Runners	MV40	19
80	21.49	539	Penny Cutler	Handy Cross	FV50	2
81	21.50	430	Liz Riley	Wargrave Runners (G)	FV40	2
82	21.56	708	Liz Bemment	Burnham Joggers	FS	9
83	21.57	225	Sarah Hall	Marlow Striders	FS	10
84	22.04	513	Margaret Moody	Handy Cross	FV60	1
85	22.07	779	John Monaghan	Burnham Joggers	MV50	10
86	22.11	54	Karin Polcerova	Datchet Dashers	FS	11
87	22.12	215	Nick Cooke	Marlow Striders	MV40	20
88	22.14	204	Olov Hansen	Marlow Striders	MV50	11
89	22.16	527	Craig Atkins	Handy Cross	MV40	21
90	22.17	908	Abbie Jones	MAC	FJ	2
91	22.19	557	Rachael Cullen-Heighway	Handy Cross	FS	12
92	22.23	234	Belinda Ford	Marlow Striders	FV40	3
93	22.25	1001	Charlotte Higgs	MAC Guest	FS	13
94	22.26	504	Damaris Daniels	Handy Cross	FS	14
95	22.31	452	Peta Bee	Cookham Running Club	FV40	4
96	22.33	765	Patricia Keene	Burnham Joggers	FV50	3
97	22.38	517	Soraya Bux	Handy Cross	FS	15
98	22.39	728	Richard Coleman	Burnham Joggers	MV50	12
99	22.46	206	Nigel Rose	Marlow Striders	MV60	4
100	22.47	511	Peter Astles	Handy Cross	MV50	13
101	22.51	11	Denisa Polcerova	Datchet Dashers	FS	16

102	22.52	62	Pam Jackson	Datchet Dashers	FV40	5
103	22.52	501	Sally White	Handy Cross	FV40	6
104	22.54	216	Kate Cooke	Marlow Striders	FV40	7
105	22.55	735	Mick Driver	Burnham Joggers	MV50	14
106	22.58	231	Louise Walton	Marlow Striders	FV40	8
107	23.04	915	Jake Humphries	MAC	MJ	7
108	23.05	88	Tim Martin	Datchet Dashers (G)	N/a	N/a
109	23.06	50	Elaine Durance	Datchet Dashers	FS	17
110	23.07	997	Max Gray	MAC	MJ	8
111	23.12	741	Chris Firmin	Burnham Joggers	MS	31
112	23.13	463	Lauren Hamilton	Cookham Running Club	FS	18
113	23.13	221	Ann Bowles	Marlow Striders	FV60	2
114	23.13	8	Derek Baker	Datchet Dashers	MV70	1
115	23.19	47	Keithlyn Carty	Datchet Dashers	MV40	22
116	23.23	65	Mike May	Datchet Dashers	MV60	5
117	23.23	916	Lia Cheeseman	MAC	FJ	3
118	23.28	530	Darren Wakefield	Handy Cross	MS	32
119	23.32	983	Lee Hemsworth	MAC Guest	MV40	23
120	23.33	26	Kirstie Bourne	Datchet Dashers	FS	19
121	23.35	910	Grace Goldfinch	MAC	FJ	4
122	23.37	426	Robert Dorin	Wargrave Runners	MV60	6
123	23.39	560	Steven Batham	Handy Cross	MV50	15
124	23.43	85	Marcus Purnell	Datchet Dashers	MV40	24
125	23.47	474	Sarah Walker	Cookham Running Club	FS	20
126	23.48	754	Bob Hardman	Burnham Joggers	MV60	7
127	23.49	570	Lucy Zaboklicka	Handy Cross	FS	21
128	23.58	466	Sarah Parfitt	Cookham Running Club	FV40	9
129	23.58	238	David Hancock	Marlow Striders	MV50	16
130	24.03	424	Dave Moseley	Wargrave Runners	MV60	8
131	24.12	412	John Bagshaw	Wargrave Runners	MV60	9
132	24.15	719	Helen Butler	Burnham Joggers	FS	22
133	24.18	413	Eoin Sharkey	Wargrave Runners	MV40	25
134	24.19	769	Michael Lister	Burnham Joggers	MS	33
135	24.19	816	Stefan Stasuik	Burnham Joggers	MV60	10
136	24.20	834	Walter Wessely	Burnham Joggers	MV60	11
137	24.20	730	Alison Cronin	Burnham Joggers	FV40	10
138	24.22	576	John Peerless	Handy Cross	MV50	17
139	24.27	34	Winston Matthews	Datchet Dashers	MV40	26
140	24.32	555	Liz Davey	Handy Cross	FV50	4
141	24.36	574	Brodie McLellan	Handy Cross	MJ	9
142	24.39	81	Jon Williams	Datchet Dashers	MV50	18
143	24.45	456	Gerald Cooper	Cookham Running Club	MV50	19
144	24.46	744	Dave Ford	Burnham Joggers	MV60	12
145	24.54	797	Claire Primett	Burnham Joggers	FV40	11
146	24.55	203	Blanche Morrissey	Marlow Striders	FV50	5
147	24.58	99	Claudia McKenzie	Datchet Dashers	FV40	12
148	25.12	749	Andrew Gilbert	Burnham Joggers	MV40	27
149	25.15	502	Eddie McLellan	Handy Cross	MV40	28
150	25.16	572	Claire Ponsford	Handy Cross	FS	23
151	25.17	565	Karen Letham	Handy Cross	FS	24
152	25.20	562	Sarah Roberts	Handy Cross	FV40	13
153	25.28	540	Laura Cornwell	Handy Cross	FS	25

154	25.29	514	Helen Moseley	Handy Cross	FV40	14
155	25.35	524	Robert James	Handy Cross	MJ	10
156	25.38	518	Hannah Platt	Handy Cross	FS	26
157	25.39	55	Barbara Allen	Datchet Dashers	FV60	3
158	25.42	42	Cherry Key	Datchet Dashers	FV50	6
159	25.44	826	Martine Thompson	Burnham Joggers	FS	27
160	25.45	481	Damian Mustard	Cookham Running Club	MS	34
161	25.49	907	Laura House	MAC	FJ	5
162	25.51	420	Jo Horsburgh	Wargrave Runners	FV40	15
163	25.52	64	Edward Aspel	Datchet Dashers	MV40	29
164	25.52	913	Jessica Williams	MAC	FJ	6
165	25.53	736	Yvette Dumler	Burnham Joggers	FV60	4
166	25.56	512	Linda Weedon	Handy Cross	FV60	5
167	26.11	542	Fran Brown	Handy Cross	FS	28
168	26.15	516	Sue Neale	Handy Cross	FV50	7
169	26.17	7	Deborah Copley	Datchet Dashers	FV40	16
170	26.28	924	Sue McEwen	MAC	FV50	8
171	26.34	707	Kim Bates	Burnham Joggers	FV40	17
172	26.35	791	Zoe Norcott	Burnham Joggers	FS	29
173	26.35	258	Melanie Woods	Marlow Striders (G)	FS	30
174	26.41	946	Steve Tinson	MAC	MV50	20
175	26.41	520	Jessica Barrell	Handy Cross	FS	31
176	26.42	831	Alan Watson	Burnham Joggers	MV60	13
177	26.49	84	Emma Smith	Datchet Dashers (G)	N/a	N/a
178	27.02	849	Ben Cronin	Burnham Joggers (G)	MS	35
179	27.04	578	Jo Hibbert	Handy Cross	FV40	18
180	27.05	240	Jo Haynes	Marlow Striders	FV50	9
181	27.10	840	Jenny Zaremba	Burnham Joggers	FV40	19
182	27.10	992	Joy Dobbs	Running Sisters	FV40	20
183	27.14	991	Jane Plessner	Running Sisters	FV60	6
184	27.15	522	Helene Galsworthy	Handy Cross	FS	32
185	27.16	98	Nicola Busby	Datchet Dashers (G)	N/a	N/a
186	27.17	780	Carol Montgomery	Burnham Joggers	FV40	21
187	27.23	259	Sharon Radden	Marlow Striders (G)	FS	33
188	27.26	52	Andrew Ogierman	Datchet Dashers	MV40	30
189	27.32	918	Caitlyn Spracklen	MAC	FJ	7
190	27.36	579	Christine Frith	Handy Cross	FV40	22
191	27.36	239	Alison Pearce	Marlow Striders	FV50	10
192	27.46	810	Sukjit Singh	Burnham Joggers	MV50	21
193	27.53	770	Nassem Lister	Burnham Joggers	FV50	11
194	27.53	29	Jacqueline Stallwood	Datchet Dashers	FV70	1
195	27.57	461	Sue Gauld	Cookham Running Club	FV40	23
196	28.03	851	Mikki Green	Burnham Joggers (G)	FS	34
197	28.03	428	Helen Knowles	Wargrave Runners	FV40	24
198	28.08	9	Bryony Trafford-Smith	Datchet Dashers	FV50	12
199	28.22	561	Kelly Rose	Handy Cross	FS	35
200	28.37	414	Nora Koall	Wargrave Runners	FS	36
201	28.41	525	Lisa Woods	Handy Cross	FS	37
202	28.42	509	Ann Palmer	Handy Cross	FV40	25
203	28.52	96	Terri Simpson	Datchet Dashers (G)	N/a	N/a
204	28.57	717	Yvette Buckingham	Burnham Joggers	FS	38
205	29.00	995	Shaheen Dent	Running Sisters	FV50	13

206	29.11	743	Anna Ford	Burnham Joggers	FS	39
207	29.32	508	Lynn Ing	Handy Cross	FV50	14
208	29.35	95	Fred Aspel	Datchet Dashers	MS	36
209	29.36	507	Jacqueline Ing	Handy Cross	FS	40
210	29.38	996	Lucille Weinberger	Running Sisters	FV50	15
211	29.38	994	Sue Bree	Running Sisters	FV50	16
212	29.42	256	Marianne Mays	Marlow Striders	FV60	7
213	29.42	459	Sasha Davies	Cookham Running Club	FV40	26
214	29.44	467	Helen Philip	Cookham Running Club	FS	41
215	29.54	83	Katy Hughes	Datchet Dashers	FS	42
216	29.54	31	Michelle Purnell	Datchet Dashers	FS	43
217	30.11	535	Lucille Couturier	Handy Cross	FV60	8
218	30.13	772	Mary Lord	Burnham Joggers	FV50	17
219	30.16	778	Tony Merritt	Burnham Joggers	MV70	2
220	30.18	241	Brian Haynes	Marlow Striders	MV60	14
221	30.22	19	Jean Hayton	Datchet Dashers	FV60	9
222	30.22	545	Richard Stone	Handy Cross	MV60	15
223	30.31	254	Julie Phillips	Marlow Striders (G)	FV40	27
224	30.38	820	Helen Sucksmith	Burnham Joggers	FS	44
225	30.42	515	Lorraine Warman	Handy Cross	FS	45
226	30.52	1002	Lyndsay Knott	Running Sisters	FS	46
227	30.54	472	Caroline Trowell	Cookham Running Club	FS	47
228	30.55	993	Cath Dodd	Running Sisters	FS	48
229	31.13	850	Jo Moriarity	Burnham Joggers (G)	FV40	28
230	31.17	1003	Jenny Wilson	Running Sisters	FV40	29
231	31.26	1004	Mary Sweeney	Running Sisters	FV50	18
232	31.33	407	Nicky Sayer	Wargrave Runners	FV60	10
233	32.02	257	Ann Dugyid	Marlow Striders (G)	FS	49
234	32.25	1	Rachhpal Bath	Datchet Dashers	MV80	1
235	32.30	740	Bob Engel	Burnham Joggers	MV70	3
236	32.40	457	Fiona Coulter	Cookham Running Club	FV40	30
237	33.09	722	Kate Campbell	Burnham Joggers	FS	50
238	33.26	988	Megan Williams	MAC Guest	FJ	8
239	33.48	998	Gaynor Brophy	Running Sisters	FS	51
240	33.48	990	Sarah Shenton	Running Sisters	FV40	31
241	37.34	721	Jill Callard	Burnham Joggers	FV40	32