

COOKHAM 5k RESULTS 24TH MAY 2016

Race Number	Position	Time	PinCat	Runner	Club	Category
	20	1 16:38	1	James Samson	DD	MS
	49	2 17:43	2	David Lee	DD	MS
	956	3 17:58	1	Kai Furnell-Brennan	MAC	MJ
	36	4 18:03	3	Chris Hunt	DD	MS
	423	5 18:23	1	Alex Scott	WAR	MV40
	406	6 18:25	4	Chris Moseley	WAR	MS
	969	7 18:29	2	Nathan Brammer	MAC	MJ
	91	8 18:33	2	Rob Foster	DD	MV40
	904	9 18:38	5	Will Burkitt	MAC	MS
	817	10 18:42	3	Nigel Sullivan	BJ	MV40
	219	11 18:51	6	Chris Pinkham	MS	MS
	410	12 18:53	7	Dean Thatcher	WAR	MS
	588	13 19:00	8	Aman Uppal	HC	MS
	403	14 19:01	9	Rich Bookless	WAR	MS
	1116	15 19:05	3	Sonny Lewis	CRC	MJ
	603	16 19:06	4	Trevor Hunter	HC	MV40
	905	17 19:07	5	Neil Hynes	MAC	MV40
	86	18 19:10	10	Steven Ilott	DD	MS
	220	19 19:18	11	Tom Pinkham	MS	MS
	959	20 19:20	12	Sam Brewster	MAC	MS
	606	21 19:21	1	Alun Jones	HC	MV60
	54	22 19:23	13	William Casson	DD	MS
	1034	23 19:28	4	Luke-Lom Hynes	MAC	MJ
	809	24 19:30	14	Jason Shaw	BJ	MS
	566	25 19:34	6	Olly Turner	HC	MV40
	1117	26 19:40	5	Sammy March	CRC	MJ
	592	27 19:42	15	David Rees-Hall	HC	MS
	90	28 19:45	7	David Jessopp	DD	MV40
	604	29 19:57	1	Sarah Pope	HC	FS
	89	30 20:02	1	Philip Jones	DD	MV50
	844	31 20:06		Liam Busby	BJ(G)	G
	793	32 20:08	1	Claire Pusey	BJ	FV40
	729	33 20:09	16	Paul Cordner	BJ	MS
	524	34 20:11	8	Dave Wallace	HC	MV40
	405	35 20:14	17	Carlton Shorter	WAR	MS
	598	36 20:21	18	Matt Evans	HC	MS
	402	37 20:22	9	Nick Flann	WAR	MV40
	584	38 20:31	10	Charles Pugh	HC	MV40
	909	39 20:34	19	Anthony Hall	MAC	MS
	501	40 20:36	11	Paul Dineen	HC	MV40
	47	41 20:39	2	Kenneth Brown	DD	MV50
	414	42 20:49	20	Chris Leppard	WAR	MS
	228	43 20:55	3	Simon O'Neill	MS	MV50
	939	44 20:57	21	Jonathan Oliver	MAC	MS
	1001	45 20:58	1	Abbie Jones	MAC	FJ
	953	46 20:59	22	Jacob Tinson	MAC	MS
	59	47 21:00	23	Ben Swire	DD	MS
	924	48 21:00	12	Alejandro Del Campo	MAC	MV40
	215	49 21:01	24	Ben Parsons	MS	MS
	788	50 21:03	25	Chris Palmer	BJ	MS

235	51	21:05	13 Richard Scoppie	MS	MV40
218	52	21:06	26 Wayne Samuel	MS	MS
551	53	21:08	14 Kevin Harrison	HC	MV40
755	54	21:26	2 Bev Holmes	BJ	FV40
88	55	21:30	15 Mark Berry	DD	MV40
920	56	21:39	27 David Irvine	MAC	MS
1118	57	21:41	16 John Ashworth	CRC	MV40
581	58	21:42	17 Mark Dewey	HC	MV40
63	59	21:45	28 Peter Blanshard	DD	MS
1040	60	21:53	2 Amy Reike	MAC	FJ
226	61	21:57	2 Lyndsey Markham	MS	FS
57	62	21:58	29 Toby Herbert	DD	MS
229	63	22:03	30 Mickey Price	MS	MS
703	64	22:06	4 Colin Baker	BJ	MV50
95	65	22:08	3 Clara Trant	DD	FS
596	66	22:10	18 Matt Fowler	HC	MV40
21	67	22:12	5 Stuart Armstrong	DD	MV50
85	68	22:17	1 Janet Binns	DD	FV55
933	69	22:19	3 Margarate Maton	MAC	FV40
412	70	22:20	6 Matthew Gingell	WAR	MV50
1031	71	22:21	6 Toby Ralphs	MAC	MJ
925	72	22:23	31 Adam Mileham	MAC	MS
404	73	22:25	4 Caroline Macaskill	WAR	FS
922	74	22:27	19 Tim Williams	MAC	MV40
41	75	22:28	20 Philip Kemp	DD	MV40
421	76	22:34	5 Jenna Thatcher	WAR	FS
520	77	22:34	7 Chris Davis	HC	MV50
918	78	22:35	8 Chris Lewington	MAC	MV50
950	79	22:37	32 Alex Fogg	MAC	MS
401	80	22:39	7 Alex Flann	WAR	MJ
409	81	22:40	9 Chris Belton	WAR	MV50
820	82	22:41	33 Rob Talbot	BJ	MS
242	83	22:47	6 Georgina Kilbourn	MS	FS
97	84	22:57	21 Andrew English	DD	MV40
802	85	22:58	4 Rachel Sammes	BJ	FV40
712	86	22:58	2 Brian Bower	BJ	MV60
16	87	23:04	10 John McCulloch	DD	MV50
913	88	23:06	11 Gareth Ralphs	MAC	MV50
791	89	23:07	22 Vernon Paterson	BJ	MV40
927	90	23:07	12 Chris Ellis	MAC	MV50
101	91	23:09	23 Clive Allen	DD	MV40
1030	92	23:16	8 Harry Shrimpton	MAC	MJ
76	93	23:17	1 Alison Jessop	DD	FV45
1042	94	23:25	24 Pawel Czarnomski	MAC	MV40
75	95	23:29	Mathew Wellington	DD(G)	G
780	96	23:30	34 Lee Norcott	BJ	MS
957	97	23:30	13 Jeremy Lockett	MAC	MV50
1041	98	23:31	3 Harriet Graham	MAC	FJ
83	99	23:34	Salome Maybanks	DD(G)	G
1036	100	23:41	4 Laura House	MAC	FJ
102	101	23:42	25 Ben Davies	DD	MV40
519	102	23:42	26 Russell Dean	HC	MV40

224	103	23:44	5 Deborah Hope	MS	FV40
205	104	23:47	6 Deborah Howard	MS	FV40
736	105	23:48	14 Mick Driver	BJ	MV50
7	106	23:49	15 Stuart Williams	DD	MV50
1039	107	23:49	5 Lucy Thornton	MAC	FJ
540	108	23:50	35 Mark Tooley	HC	MS
516	109	23:53	7 Jacqueline Ing	HC	FS
247	110	23:56	16 Geoff Heap	MS	MV50
901	111	24:02	27 Sayeed Islam	MAC	MV40
1032	112	24:05	9 Adam Frost	MAC	MJ
727	113	24:11	3 Richard Coleman	BJ	MV60
778	114	24:13	17 John Monaghan	BJ	MV50
846	115	24:17	Ben Cronin	BJ(G)	G
72	116	24:19	28 Tim Martin	DD	MV40
706	117	24:20	29 Andy Bates	BJ	MV40
40	118	24:22	18 David Priddy	DD	MV50
608	119	24:23	8 Claire Ponsford	HC	FS
230	120	24:24	4 Nigel Rose	MS	MV60
919	121	24:25	9 Laura Loveridge	MAC	FS
221	122	24:27	1 Ann Bowles	MS	FV60
951	123	24:29	19 Darrell Bressington	MAC	MV50
209	124	24:30	10 Suzy Holliday	MS	FS
547	125	24:39	20 Paul Frith	HC	MV50
60	126	24:42	11 Julie Refseth	DD	FS
535	127	24:46	21 James Cunnane	HC	MV50
81	128	24:48	12 Stephanie Muzzall	DD	FS
902	129	24:49	7 Caroline Shrimpton	MAC	FV40
237	130	24:51	1 Oonagh Thompson	MS	FV50
1037	131	24:52	8 Samantha Thornton	MAC	FV40
585	132	24:53	22 Phil Hutchby	HC	MV50
523	133	24:54	30 Gareth Ward	HC	MV40
418	134	24:55	31 Sarah Ball	WAR	MV40
422	135	25:03	36 Steve Norris	WAR	MS
62	136	25:10	13 Emma Twomey	DD	FS
557	137	25:14	5 John Peerless	HC	MV60
999	138	25:17	32 Simon Goldfinch	MAC	MV40
4	139	25:18	23 Colin Adams	DD	MV50
207	140	25:23	14 Oonagh Eastmond	MS	FS
931	141	25:27	33 Paul Thomas	MAC	MV40
774	142	25:28	9 Graziella Marini	BJ	FV40
562	143	25:28	24 Reese Williams	HC	MV50
35	144	25:30	1 Jana Marakova	DD	FV35
204	145	25:31	25 Nick Tremeer	MS	MV50
563	146	25:35	37 Robert James	HC	MS
46	147	25:37	34 Craig Sherratt	DD	MV40
1044	148	25:38	6 Jess Dibley	MAC	FJ
539	149	25:41	35 Dave Pascoe	HC	MV40
510	150	25:44	38 Sam Alexander	HC	MS
234	151	25:50	10 Dawn Edgington	MS	FV40
507	152	25:51	26 Eddie Mclellan	HC	MV50
411	153	25:52	6 Dave Moseley	WAR	MV60
25	154	25:55	15 Gemma Milman	DD	FS

222	155	25:57	39 Patrick Grindley	MS	MS
607	156	25:58	36 Colin Meads	HC	MV40
248	157	26:01	16 Alice Ridley	MS	FS
940	158	26:02	17 Leila Oliver	MAC	FS
792	159	26:05	2 Claire Primett	BJ	FV50
958	160	26:07	37 Ross Lindridge	MAC	MV40
65	161	26:09	18 Sarah Moss	DD	FS
249	162	26:09	Nigel Moorhouse	MS(G)	G
730	163	26:12	3 Alison Cronin	BJ	FV50
55	164	26:12	2 Bella Shah	DD	FV45
92	165	26:17	40 Kevin Spence	DD	MS
527	166	26:18	41 Charles Britton	HC	MS
210	167	26:26	7 Olov Hansen	MS	MV60
58	168	26:29	38 David Patience	DD	MV40
505	169	26:30	10 Oscar McLellan	HC	MJ
917	170	26:31	1 David Waterman	MAC	MV70
6	171	26:35	8 David Glazier	DD	MV60
1316	172	26:38	19 Ruth Stanley	RS	FS
238	173	26:42	4 Alice Banks	MS	FV50
100	174	26:44	39 Rob Lane	DD	MV40
223	175	26:45	5 Barbro Julin	MS	FV50
12	176	26:46	20 Claire Boyles	DD	FS
1000	177	26:47	21 Shirin Irvine	MAC	FS
50	178	26:49	27 David McShane	DD	MV50
580	179	26:51	22 Fran Dewey	HC	FS
	180	26:51	Unknown		M
960	181	26:53	Sally Checkley	MAC(G)	G
1038	182	27:06	7 Olivia D'Aversa	MAC	FJ
813	183	27:06	9 Stefan Stasiuk	BJ	MV60
841	184	27:12	Chris Zaremba	BJ(G)	G
1045	185	27:14	8 Grace Goldfinch	MAC	FJ
589	186	27:18	6 Carmen Hostetler	HC	FV50
29	187	27:19	2 Derek Baker	DD	MV70
761	188	27:20	23 Amanda Keen	BJ	FS
828	189	27:23	7 Louise Welsford	BJ	FV50
536	190	27:28	40 Barry Vincent	HC	MV40
837	191	27:32	11 Jenny Zaremba	BJ	FV40
522	192	27:33	12 Helen Moseley	HC	FV40
1301	193	27:34	8 Jane Perry	RS	FV50
744	194	27:39	10 Dave Ford	BJ	MV60
1102	195	27:42	11 Ben Smith	CRC	MJ
937	196	27:43	9 Sarah Fogg	MAC	FV50
707	197	27:46	10 Kim Bates	BJ	FV50
1315	198	27:46	13 Celine Styriale	RS	FV40
941	199	27:48	11 Ian McKenzie	MAC	MV60
955	200	27:49	Suzy Ralphs	MAC(G)	G
250	201	27:52	Sean Bergh	MS(G)	G
217	202	27:53	24 Becky Kunkel	MS	FS
246	203	27:55	Amy Scenity	MS(G)	G
18	204	27:57	28 Mark Olney	DD	MV50
212	205	27:59	29 Les Lepper	MS	MV50
415	206	28:01	12 Damien Woolmer	WAR	MV60

521	207	28:04	3 Rod Palmer	HC	MV70
94	208	28:07	13 Terry Jenkins	DD	MV60
1306	209	28:14	25 Paula Kelly	RS	FS
934	210	28:24	14 Helen Pocock	MAC	FV40
842	211	28:25	Colin Stentafor	BJ(G)	G
93	212	28:29	2 Anna Varnagy	DD	FV35
533	213	28:35	30 Gary Marsh	HC	MV50
45	214	28:44	3 Michelle Jenkins	DD	FV45
1320	215	28:46	2 Cathy Stanton	RS	FV60
923	216	28:48	26 Lynsey Robbins	MAC	FS
504	217	28:58	14 Nick Martin	HC	MV60
509	218	29:00	15 Joanne Knights	HC	FV40
425	219	29:01	16 Karen Reilly	WAR	FV40
1055	220	29:03	Unknown	MAC(G)	G
935	221	29:06	17 Shazia Ahmad	MAC	FV40
601	222	29:10	18 Emi Round	HC	FV40
503	223	29:11	41 Keith Round	HC	MV40
1312	224	29:14	3 Jane Plessner	RS	FV60
544	225	29:14	19 Sarah Cuthbert	HC	FV40
528	226	29:16	31 Philip Britton	HC	MV50
541	227	29:25	20 Steph Williams	HC	FV40
787	228	29:29	27 Zoe Norcott	BJ	FS
565	229	29:30	28 Lisa Axford	HC	FS
830	230	29:31	32 Derek Wilkins	BJ	MV50
558	231	29:37	4 Angela Fearless	HC	FV60
251	232	29:39	29 Erica Barclay	MS	FS
1309	233	29:43	11 Myriam Silverman	RS	FV50
564	234	29:50	30 Helen Sharp	HC	FS
747	235	29:54	42 Andrew Gilbert	BJ	MV40
947	236	29:55	15 Michael Fursedon	MAC	MV60
737	237	30:05	5 Yvette Dumler	BJ	FV60
1321	238	30:11	6 Paula Walker	RS	FV60
717	239	30:17	21 Yvette Buckingham	BJ	FV40
1319	240	30:20	12 Alison North	RS	FV50
911	241	30:23	13 Alison Attard	MAC	FV50
945	242	30:25	16 Brian Roles	MAC	MV60
946	243	30:26	33 Peter Green	MAC	MV50
825	244	30:30	17 Alan Watson	BJ	MV60
743	245	30:30	31 Anna Ford	BJ	FS
2	246	30:33	2 Bryony Trafford-Smith	DD	FV55
548	247	30:40	22 Christine Frith	HC	FV40
214	248	30:42	14 Sue Leaver	MS	FV50
943	249	30:43	7 Benita Scaife	MAC	FV60
545	250	30:44	8 Linda Weedon	HC	FV60
595	251	30:45	18 Richard Stone	HC	MV60
96	252	30:47	Gordon Sherratt	DD(G)	G
811	253	30:53	34 Sukjit Singh	BJ	MV50
908	254	30:54	15 Julie Whitaker	MAC	FV50
840	255	30:56	Sara Dunsdon	BJ(G)	G
424	256	30:58	16 Helen Knowles	WAR	FV50
929	257	31:01	19 Yash Maudgil	MAC	MV60
769	258	31:10	9 Naseem Lister	BJ	FV60

765	259	31:21	35 Robert Legge	BJ	MV50
1302	260	31:23	32 Carolyn Britton	RS	FS
771	261	31:25	17 Mary Lord	BJ	FV50
530	262	31:27	23 Jane Byron	HC	FV40
203	263	31:31	18 Kathy Bergh	MS	FV50
948	264	31:34	19 Anushaka Howell	MAC	FV50
24	265	31:35	4 Isobel Carron	DD	FV45
23	266	31:36	36 John Hayes	DD	MV50
843	267	31:38	Karen Paterson	BJ(G)	G
538	268	31:41	33 Lesley O'Keefe	HC	FS
34	269	31:44	3 Teresa Burden	DD	FV35
954	270	31:54	37 Steve Tinson	MAC	MV50
914	271	32:03	24 Jayne House	MAC	FV40
602	272	32:03	38 Chris Eddington	HC	MV50
202	273	32:03	25 Anneli Bourne	MS	FV40
1311	274	32:04	10 Tricia Hayne	RS	FV60
921	275	32:06	26 Dawn Goldfinch	MAC	FV40
1305	276	32:15	11 Lucille Weinberger	RS	FV60
1322	277	32:34	20 Shaheen Dent	RS	FV50
22	278	32:38	5 Terri Simpson	DD	FV45
1313	279	32:47	21 Clare Brackenbury	RS	FV50
66	280	32:54	43 Shakoor Mughal	DD	MV40
731	281	32:58	Sophie Cronin	BJ(G)	G
240	282	33:00	1 Marianne Mays	MS	FV70
579	283	33:13	2 Meg Knight	HC	FV70
746	284	33:15	22 Hilary Gauna	BJ	FV50
928	285	33:21	20 Helal Stephan	MAC	MV60
1318	286	33:22	27 Julie Gutteridge	RS	FV40
1307	287	33:43	23 Claire Barber	RS	FV50
1314	288	33:44	34 Caroline Dane	RS	FS
84	289	33:59	6 Anne Mograby	DD	FV45
1310	290	34:22	24 Sue Bree	RS	FV50
537	291	34:29	25 Alison Miller	HC	FV50
1061	292	34:50	9 Jessica Williams	MAC	FJ
1308	293	35:07	26 Trudy Ridgley	RS	FV50
816	294	35:09	35 Zoe Strohmeier	BJ	FS
821	295	35:09	36 Aman Tawana	BJ	FS
1317	296	35:47	27 Ruth Adans	RS	FV50
777	297	35:53	4 Tony Merritt	BJ	MV70
534	298	36:08	28 Linda Marsh	HC	FV50
1303	299	37:27	29 Louisa Malone	RS	FV50
605	300	37:38	37 Claire Richardson	HC	FS
14	301	39:11	7 Ann Chandler	DD	FV45